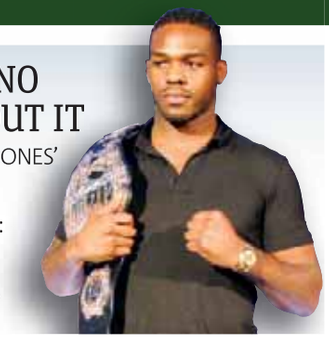
Learn how modernizing OLG can benefit you. Visit ModernOLG.ca

TORONTO metro®

$3,000,000 estimated
LOTTO 649
Tonight's Jackpot
NEWS WORTH SHARING.

HE MAKES NO BONES ABOUT IT

UFC CHAMP JON 'BONES' JONES WEIGHS IN ON ANDERSON SILVA'S UPSET LOSS: 'HE DISRESPECTED (HIS) GIFT BY DISRESPECTING HIS OPPONENT' PAGE 24



Did you know Canadians invaded Sicily?

Second World War vet says it 'hurts' that history has ignored Allies' successful Operation Husky PAGE 11

Why del Toro likely saw the Bieber movie

Pacific Rim director has been too busy making movies to see any — except when he is dragged by his daughters PAGE 15

They'll race from coast to coast to coast

There isn't a region in Canada that Amazing Race contestants won't visit, host Jon Montgomery says PAGE 18

LADS LIGHT UP LITTLE HEARTS

Bieber-like hysteria seems to follow One Direction wherever they go. Tuesday night at the ACC was no exception as the chart-topping boy band delivered their Take Me Home tour package of hits to a crowd filled with screaming young lungs, who seemed to know every word of the songs. They play the second of two sold-out shows Wednesday. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Can T.O. handle another storm?

Floods and blackouts. This week's chaos renews debate on city's aging infrastructure

Toronto's wettest day in recorded history, which stranded commuters on flood-drenched roads and cut power to hundreds of thousands of homes, has raised alarm bells about the city's readiness for intense storms that are expected to become more frequent.

But even as city staff were praised for working overnight to limit the damage, several at city hall — including Mayor Rob Ford — said the storm highlighted aging infrastructure in desperate need of overhaul.

"If one big storm can shut down our transit system, create a power outage to over 300,000 customers and make the city virtually immovable, are we ready for when the outcome of climate change becomes even more a reality?" said Coun. Josh Matlow.

Monday's storm dumped 126 millilitres of rain on the city, edging out Hurricane Hazel in 1954 for Toronto's wettest day ever. Environmentalists say it is consistent with a city-commissioned report that predicts an increase in extreme storms over the next 40 years.

But the city's transportation services manager said that while the city does need to prepare for climate change, it's unlikely Toronto will see a similar storm any time soon.

"On a probability curve, this event was way off the charts," said Stephen Buckley. "We don't design systems to handle something of this size and magnitude."

Many of Tuesday's ongoing problems were caused by a flooded Hydro One transmission station in South Etobicoke, one of two in the city that were flooded. More than 300,000 gallons of water — equivalent to 15 swimming pools — were removed from the station.

TORSTAR NEWS SERVICE

MORE STORM COVERAGE ON PAGES 3, 4, 6

Panic in the basement

Peter Karageorgos of the Insurance Bureau of Canada said insurance claims for flooded basements and cars had already begun to pour in.

- As of Tuesday afternoon, the city had received 1,748 basement flooding complaints.
- "People that had basement flooding, people were panicking last night. Their hydro wasn't coming on," he said. "They needed answers."

RBC Royal Bank®

Who? What? Where? When? Here.
The RBC Advice Centre. Now that's convenient.
Questions about everyday banking, saving, borrowing or getting the most out of your money?
Get answers 24/7 at rbc.com/advice
Advice you can bank on™

® Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ™ Trademarks of Royal Bank of Canada.

Sarah M. and her uncle **Tony R.**
Ford Employee Ford Retiree

Bill H. and his son **Greg H.**
Ford Retiree Ford Employee

WE'VE ALWAYS SHARED OUR PASSION.
NOW WE'RE SHARING OUR PRICE.†

WITH UP TO $14,000*

IN TOTAL PRICE ADJUSTMENTS

On most new 2013 models (F-150 SuperCrew Platinum 4x4 5.0L amount shown)

2013 IIHS TOP SAFETY PICK · 10Best CAR AND DRIVER 2013

2013 FOCUS S

5.5L/100km 51MPG HWY** 7.8L/100km 36MPG CITY**

Employee Price Adjustment	$620
Delivery Allowance	$250
Total Price Adjustments	$870

SHARE OUR EMPLOYEE PRICE **$16,809*** Offer excludes taxes.

OR OWN FOR ONLY **$99**/BI-WEEKLY @ **1.99%** APR PURCHASE FINANCING FOR 84 MONTHS

NOW WITH $0 DOWN | OFFER EXCLUDES TAXES

WELL-EQUIPPED WITH: 2.0L 4-Cylinder Engine /// Active Grille Shutters /// Air Conditioning /// Remote Keyless Entry System **and much more.**

2013 IIHS TOP SAFETY PICK

2013 ESCAPE S

6.3L/100km 45MPG HWY** 9.5L/100km 30MPG CITY**

Total Price Adjustments	$995

SHARE OUR EMPLOYEE PRICE **$22,234*** Offer excludes taxes.

OR OWN FOR ONLY **$145**/BI-WEEKLY @ **4.99%** APR** PURCHASE FINANCING FOR 84 MONTHS

WITH $0 DOWN | OFFER EXCLUDES TAXES

WELL-EQUIPPED WITH: 2.5L Duratec® 4-Cylinder Engine /// Torque Vectoring Control /// Active Grille Shutters /// Power Windows **and much more.**

F-150 OFFERS BEST IN CLASS PAYLOAD‡ POWER‡ · F-SERIES BEST-SELLING TRUCKS‡ 47 YEARS

Platinum 4X4 model shown

2013 F-150 STX SUPERCAB

8.7L/100km 32MPG HWY** 12.5L/100km 23MPG CITY**

Employee Price Adjustment	$2,301
Delivery Allowance	$6,750
Total Price Adjustments	$9,051

SHARE OUR EMPLOYEE PRICE **$23,328*** Offer excludes taxes.

OR LEASE A **2013 F-150 XLT SUPERCREW** **$399**/PER MONTH @ **2.99%** APR*** FOR 36 MONTHS WITH $350 DOWN. OFFER EXCLUDES TAXES.

WELL-EQUIPPED WITH: SiriusXM™ Satellite Radio /// Air Conditioning /// 17" Machined Aluminum Wheels /// SecuriLock® **and much more.**

Our advertised prices include Freight, Air Tax, PPSA (where applicable) and the Ontario Environmental Charge.
Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.

YOU PAY WHAT WE PAY.

SIMPLY VISIT YOUR TORONTO AREA FORD STORE OR TORONTOFORDDEALERS.CA TO GET YOUR EMPLOYEE PRICE† TODAY.

Ford

Go Further

| torontoforddealers.ca |

SiriusXM

Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Ford Employee Pricing† is available from July 3, 2013 to September 30, 2013 on the purchase or lease of most new 2013/2014 Ford vehicles (excluding all chassis cab, stripped chassis, and cutaway body models, F-150 Raptor, Medium Trucks, Mustang Boss 302, Shelby GT500 and all Lincoln models). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any CAW-negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPO, CFP, Daily Rental Allowance and AX/ZD/F-Plan programs. ‡Until September 30, 2013, purchase a new 2013 Ford Focus S/Escape S/F-150 STX SuperCab 4x2/F-150 SuperCrew Platinum 4x4 5.0L] for [$16,809/$22,234/$28,110] after total Ford Employee Price adjustment of [$870/$995/$9,051/$14,759] is deducted. Total Ford Employee Price adjustment is a combination of Employee Price adjustment of [$620/$995/$2,301/$7,489] and delivery allowance of [$250/$0/$6,750/$7,250]. Taxes payable on full amount of purchase price after total Ford Employee Price adjustment has been deducted. Offers include freight, air tax, PPSA (where applicable) and Ontario Environmental Charge but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances are not combinable with any fleet consumer incentives. **Until September 30, 2013, receive 1.99% APR purchase financing on new 2013 Focus S and 4.99% APR purchase financing on new Escape S models for a maximum of 84 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: 2013 Focus S/Escape S] for [$16,809/$22,234] after Total Price Adjustment is a combination of Employee Price Adjustment [$620/$995] and Delivery Allowance of [$250/$0]), purchase financed at [1.99%/4.99%] APR for 84 months, with [$0] down payment, monthly payment is [$99/$145] for each $1,000 borrowed. Lease the above model with a value of $30,940 at 2.98% APR for up to 36 months with [$330] down or equivalent trade in, monthly payment is [$399]; total lease obligation is [$14,714], optional buyout is [$16,438]. Cost of leasing is [$2,168]. Offer includes $11,939 in total Price Adjustments. Total Ford Employee Price adjustment is a combination of Employee Price Adjustment of [$6,089] and delivery allowance of [$7,250]. Taxes payable on full amount of purchase price after total Ford Employee Price adjustment has been deducted. Offers include freight, air tax, PPSA (where applicable) and Ontario Environmental Charge but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances are not combinable with any fleet consumer incentives. ***Until September 30, 2013, purchase a new 2013 Ford Focus S/Escape S/F-150 4x2 3.7L V6 6-Speed Automatic. Fuel consumption ratings based on Transport Canada-approved test methods. Model shown is 2013 F-150 4x4 5.0L – V8: 15.1L/100 km city and 10.7L/100 km hwy. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ‡When properly equipped. Max. payloads of 3,120 lbs/3,100 lbs with 5.0L Ti-VCT V8/3.5L V6 EcoBoost 4x2 engines. Max. horsepower of 411 and max. torque of 434 of F-150 6.2L V8 engine. Class is Full-Size Pickups under 8,500 lbs GVWR. ‡F-Series is the best-selling pickup truck in Canada for 47 years in a row based on Canadian Vehicle Manufacturers' Association statistical sales report, December 2012. ©2013 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2013 Ford Motor Company of Canada, Limited. All rights reserved.

Long-term debt up by $800M under Ford

Money crunch.
Mayor's bid to derail 'gravy train' might have gone at least slightly off track

The City of Toronto has gone deeper into debt under Mayor Rob Ford.

The city's net long-term debt grew by about $800 million in Ford's first two years of office, 2011 and 2012.

As of the end of 2012, it stood at $3.7 billion, compared with $2.9 billion at the end of 2010, former mayor David Miller's last year in office.

Over the past two years, the city borrowed $1.5 billion to pay for capital costs and repaid $700 million, thus increasing the debt burden by $800 million.

Ford has championed cutting the cost of government, scrapping the $60 vehicle tax shortly after taking office, and holding down increases in property taxes which are traditionally put toward capital costs, along with borrowed funds. The mayor's office didn't respond to Torstar News Service's request for comment.

In 2011, on Ford's insistence, the city froze property taxes. In 2012 he limited the increase to 2.5 per cent, in line with inflation. TORSTAR NEWS SERVICE

Quoted

"We'd already committed to borrowing certain sums of money, and there was no way of avoiding the growth in the debt. But it's going to be curbed."
Frank Di Giorgio, city budget chief

Boxer vs. triathlete in bout of the century

Three-time boxing world champion Mary Spencer spars with Simon Whitfield, an Olympic gold-medallist, on Tuesday. Whitfield, Spencer and soccer player Kara Lang spent some time on Tuesday with young athletes running through some light drills and activities at Canoe Landing Park in Toronto. KERRY GILLESPIE/TORSTAR NEWS SERVICE

Parking ticket adds insult to flood's injury

Tim Rivers with $105 parking ticket the morning after flooding made his car impossible to drive. HANDOUT

Tim Rivers was shocked to return to his abandoned car Tuesday and find a parking ticket slapped on it — after pushing it out of a flooded lot during Monday's storm.

The $105 ticket was all the more shocking because, he says, police told him to leave his car overnight after learning that it broke down.

"The officer said: 'No, lock it up, leave it there for the night and deal with it in the morning, because you won't get a tow truck tonight,'" said Rivers, 53.

"What may have happened is that parking-enforcement officers weren't aware of the instructions provided by the police officers," suggested Toronto police spokeswoman Meaghan Gray. "There was no note left on the car saying, 'I was told to leave my car here by this officer.'"

When Rivers went out Tuesday at about 7:30 a.m. he saw that the lot had drained and he'd been left with the $105 ticket.

His first thought was: "Ridiculous."

"I just thought, I can't deal with it now," said Rivers, who was more concerned with getting a tow truck. "It really added insult to injury."

Rivers and others who received tickets that don't seem fair under the circumstances have the option of fighting them by filling out dispute-application forms.
TORSTAR NEWS SERVICE

Correction

Wrong name in photo caption

A photo caption in the Tuesday, July 9 edition of Metro identified a man as Benjamin Levin.

It was actually his brother Martin leaving the Finch courthouse on Monday. Metro regrets the error. METRO

Muhammad Khattak

Man in infamous photo with Ford released on bail

An Ontario Superior Court judge released Muhammad Khattak on bail Tuesday, overturning a decision made last month by a justice of the peace, who kept the 19-year-old gunshot victim behind bars.

Khattak was arrested at his Toronto home early June 13 as part of a police guns and gang sweep targeting an alleged criminal organization based in an area of apartment complexes on Dixon Road, in the city's west end.

While many of the other accused in Project Traveller are charged with multiple offences, Khattak faces just two counts.

Khattak has become well known because he was shot in the back outside the Loki Lounge on King Street West early on March 27. His friend, Anthony Smith, was murdered. The pair also appeared in the now-infamous photograph with Toronto Mayor Rob Ford, reputedly outside a west-end home police regard as a drug den.
TORSTAR NEWS SERVICE

History repeating?

Man nabbed for DUI on way to court — for DUI

An Aurora man has been arrested for drunk driving — while on his way to court to face earlier drunk-driving charges, according to the Ontario Provincial Police.
TORSTAR NEWS SERVICE

Something in the water ...

Floods released raw sewage into streets, harbour

More than a billion litres of sewage surged into Toronto's streets and harbour as the city's aging infrastructure was overwhelmed by Monday afternoon's deluge, says a water watchdog.

Mark Mattson, director of the charity Lake Ontario Waterkeeper, says his estimates are extrapolated from figures from another large storm that struck Toronto in 2004.

He says the current sewers were built decades ago with different demands and population sizes in mind, and that the aging infrastructure is failing to keep pace with Toronto's burgeoning population.

But while Michael D'Andrea, director of water infrastructure management for Toronto Water, admits there was an overflow of sewage, he contests Mattson's figures.

"The volume will depend on the conditions of the storm at a given geographic area of the city," he says. "So unless you've got some ability to monitor or model it, I don't know how you would come up with that estimate." TORSTAR NEWS SERVICE

Possible pesticide link

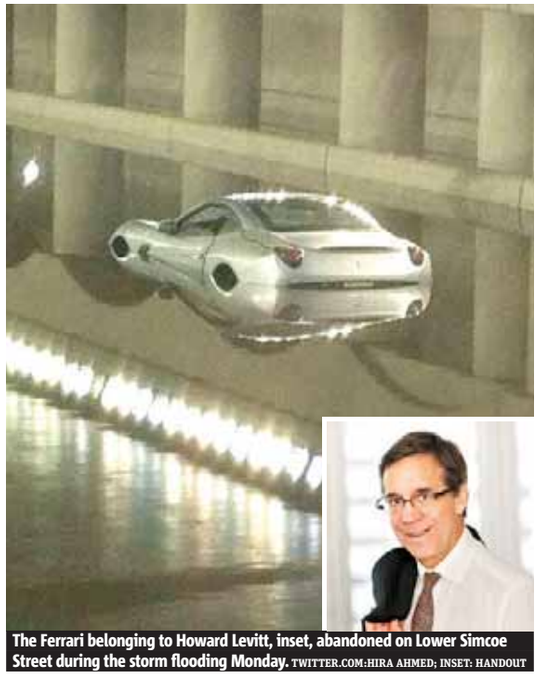
Ont. calls in experts over bee deaths

All the buzz about dead bees is prompting Ontario to seek help from a group of experts.

A bee-health working group is being formed to make recommendations on how to mitigate the potential risk of a certain pesticide to honey bees, the governing Liberals said Tuesday. The pesticide — neonicotinoid — is used for corn and soybeans.

The group will comprise beekeepers, farmers, people in agri-business and scientists as well as staff from federal and provincial agencies. It will meet this month and provide recommendations by next spring, the government said. THE CANADIAN PRESS

T.O. flooding: Who abandons his Ferrari? A lawyer in a hurry



The Ferrari belonging to Howard Levitt, inset, abandoned on Lower Simcoe Street during the storm flooding Monday. TWITTER.COM:HIRA AHMED; INSET: HANDOUT

Monday storm. Howard Levitt left his $200K car in rising waters to make it to a hearing in Ottawa

There it was: A silver Ferrari, submerged to its windows in murky floodwaters under the lights of the Lower Simcoe Street underpass.

Photos of the orphaned Italian sports car went viral Monday night as the rains that pummelled Toronto subsided. It was picked up by news agencies and plastered all over the Internet.

Soon, the Twitterati chimed in. @GenZingg tweeted: "can't believe someone dumped a Ferrari in the TO storm."

"Ferrari stuck in the #toronto flood! I thought my day was bad," wrote @spencEDM.

So who would abandon a Ferrari in rising waters? A lawyer in a hurry, that's who.

Howard A. Levitt, one of Canada's leading employment lawyers, was on his way to an important hearing in Ottawa. The heavy rain had just started and it was hard to see. He entered the Simcoe underpass following several other cars, each of which easily traversed a body of water that looked no deeper than a puddle.

No such luck for Levitt.

His 2010 Ferrari California, which retails for $192,000, rides extremely close to the ground, and despite its powerful V8, 454-horsepower engine, it only took a few inches of water to stop the car in its tracks.

Levitt had been trying to call a tow truck, then realized one wasn't going to arrive in time. So he opened the door, letting the awful water flow in, and collected his bags from the trunk.

He took a cab to the island airport, found all flights had been cancelled, then headed to Pearson, where he caught "the last seat of the day" to Ottawa.

On Tuesday morning, Levitt won his motion in Ottawa, making the quick escape worthwhile. "It's a good ending, except for my poor car," he said. TORSTAR NEWS SERVICE

TICKETS ON SALE NOW!
TORONTO FC
VERSUS
ROMA 1927
WEDNESDAY, AUGUST 7TH, 2013
8:00PM AT BMO FIELD
PRESENTED BY pizza pizza
ALL FOR ONE
"TORONTO FC" AND ASSOCIATED WORD MARKS AND LOGOS ARE TRADEMARKS, DESIGNS AND OTHER FORMS OF INTELLECTUAL PROPERTY OF MAJOR LEAGUE SOCCER, L.L.C., USED BY PERMISSION © 2013 MLS. ALL RIGHTS RESERVED.

ROGERS™
authorized dealer

AJAX
Baywood Centre
15 Westney Rd. N
AURORA
15483 Yonge St., Unit 2B
14785 Yonge St.
14879 Yonge St.
91 First Commerce Dr., Unit 5
BOLTON
12612 Hwy. 50, Unit 15
BRAMPTON
30 Victoria Cres.
4520 Ebenezer Rd., Unit 6
253 Queen St. E, Unit 3
105 Kennedy Rd. S
499 Raylawson Blvd.
14 Lisa St., Unit C1
499 Main St. S., Unit 58
1088 McLaughlin Rd.
9980 Airport Rd., Unit 11
25 Peel Centre Dr., Unit 505A
25 Peel Centre Dr., Unit 742K
10025 Hurontario St., Unit 118
BROOKLIN
5969 Baldwin St. S, Unit 7
COBOURG
975 Elgin St. W, Unit 8
ETOBICOKE
22 Dixon Rd.
6620 Finch Ave. W, Unit 4
25 The West Mall, Unit 1963
3015 Bloor St. W
1735 Kipling Ave.
250 The East Mall, Kiosk #316
500 Rexdale Blvd., Unit H3B
1530 Albion Rd.
GEORGETOWN
Georgetown Market Place
MAPLE
2943 Major Mackenzie Dr., Unit 4
MARKHAM
3636 Steeles Ave. E, Unit 101
9570 McCowan Rd., Unit 4
505 Hood Rd., Unit 12
7780 Woodbine Ave., Unit 3
4300 Steeles Ave. E, Unit E32
4300 Steeles Ave. E, Unit E67
8901 Woodbine Ave., Suite 218
3255 Hwy. 7 E, Unit E98
9275 Hwy. 48, Unit 11
5000 Hwy. 7 E, Unit 412
7690 Markham Rd., Unit 1C
MISSISSAUGA
Meadowvale Town Centre
Square One
Dixie Outlet Mall
153 Lakeshore Rd. E
6325 Dixie Rd., Unit 1
3105 Dundas St. W, Unit 102
7955 Financial Dr., Unit B
808 Britannia Rd. W, Unit 2
25 Watline Ave., Unit 10
7205 Goreway Dr.
1100 Burnhamthorpe Rd.
3021 Argentia Rd.
789 Taunton Rd. E
1053 Simcoe St. N, Unit 4B
2150 Burnhamthorpe Rd. W
60 Bristol Rd. E
920 Southdown Rd., BLD H, Unit 7
5100 Erin Mills Parkway, Unit V205
4141 Dixie Rd.
1250 Eglinton Ave. W, Unit A16
NEWMARKET
16715 Yonge St.
1065 Davis Dr.
18075 Yonge St.
17600 Yonge St., Unit EE22
NORTH YORK
Sheridan Mall
1700 Wilson Ave., Unit 72
1905 Avenue Rd.
4367 Steeles Ave. W
149C Ravel Rd.
Fairview Mall
4905 Yonge St.
5815 Yonge St.
3111 Dufferin St.
3040 Don Mills Rd., Unit 17B
Leslie Center
OAKVILLE
1027 Speers Rd., Unit 22
478 Dundas St. W, Unit 7
1500 Upper Middle Rd., Unit 2
240 Leighland Ave.
OSHAWA
Taunton Harmony Plaza
1053 Simcoe St. N, Unit 4B
285 Taunton Rd., Unit 20
419 King St. W, Unit 2272
PICKERING
Pickering Power Centre
Pickering Town Centre
611 Kingston Rd.
RICHMOND HILL
9196 Yonge St.
1480 Major Mackenzie Dr. E
10 West Pearce St., Bldg. B
Hillcrest Mall
9350 Yonge St.
10720 Yonge St.
Times Square Mall
1070 Major Mackenzie Rd. E
SCARBOROUGH
Woodside Square
1571 Sandhurst Circle, Unit 502K
5095 Sheppard Ave. E
1800 Sheppard Ave. E
Cedarbrae Mall
1900 Eglinton Ave. E
3300 McNicoll Ave.
1291 Kennedy Rd.
2555 Victoria Park Ave.
411 Kennedy Rd.
3495 Lawrence Ave.
1448 Lawrence Ave. E
5661 Steeles Ave. E, Unit 5
19 Milliken Blvd., Unit U
2490 Gerrard St. E
38 Ellesmere Rd.
300 Borough Dr., Unit 49
THORNHILL
31 Disera Dr., Unit 140
Promenade Mall
Shops on Steeles
6236 Yonge St.
9200 Bathurst St., Unit 26
TORONTO
421 Dundas St. W, Unit GB
282 Queen's Quay W
1015 Lakeshore Blvd. E
1821 Queen St. E
275 College St.
604 Bloor St. W
1348 St. Clair Ave. W
1461 Dundas St. W
2 St. Clair Ave. E
272 Danforth Ave.
471 Eglinton Ave. W
662 King St. W, Unit 2
939 Eglinton Ave. E, Unit 106
154 University Ave., Unit 101
2200 Yonge St., Unit 104
2397 Yonge St.
9A Yorkville Ave.
East York Town Centre
2400 Bloor St. W
919 Bay St.
525 University Ave.
45 Overlea Blvd.
Oriental Centre Mall
1448 Lawrence Ave. E
10 Clock Tower Rd., Unit B1A
1118 Finch Ave. W, Unit 1
6236 Yonge St.
3850 Sheppard Ave.
280 Spadina Ave.
4438 Sheppard Ave. W, Unit 151
900 Dufferin St., Kiosk 4010
1000 Gerrard St. E, Unit K2
618 Sheppard Ave. W
6758 Kingston Rd., Unit 12
730 Danforth Ave.
333 Bloor St. E
2120 Queen St. E
8 Wellesley St. E
1965-1971 Yonge St., Unit A
120 Front St. E
660 Eglinton Ave., Unit 104
3151 Yonge St.
808 York Mills Rd., Unit 15-17
2400 Eglinton Ave. W
2900 Warden Ave.
130 King St. W., Unit CW15
3401 Dufferin St., Unit 108
1 Yorkdale Rd., Unit 180
1 Dundas St. W, Unit 2010
220 Yonge St., Unit H014
112-10 Dundas St. E
2901 Bayview Ave., Unit 128A
329 Parliament St.
200 Bay St., Unit UC – 132B
2248 Bloor St. W
330 Bay St.
4980 Yonge St.
1080 Yonge St.
1 Blue Jays Way, Suite 1200
UXBRIDGE
11 Brock St. W
WHITBY
25 Thickson Rd. N
5969 Baldwin St. S
1549 Dundas St. E
3490 North Brock St.
WOODBRIDGE
200 Whitmore Rd.

HURRY! OFFER ENDS JULY 31st

Vacation Checklist:

- ☑ 1 NEW SAMSUNG SMARTPHONE
- ☑ 1 WEEK OF FREE U.S. ROAMING INTERNET
  up to 350 MB

SWITCH TO ANY NEW SAMSUNG SMARTPHONE AND GET UP TO A WEEK OF FREE U.S. ROAMING INTERNET*

UP TO 350 MB ON SELECT 2 or 3-YR. PLANS

CALL 1 888 ROGERS1 CLICK rogers.com/RoamingOffer VISIT your local Rogers retail store

ROGERS™

ROGERS™ authorized dealer · WIRELESSWAVE · WIRELESS etc... · MOBILE · FUTURE SHOP · Tbooth wireless · BEST BUY · CELLULAPOINT · THE MOBILE SHOP · BATTERIES N' gadgets

*Available to new or existing Rogers customers with purchase of a Samsung device and new activation on any 2- or 3-yr. Talk, Text & Internet plan between July 5-31/13. Rates/offer not transferable, not redeemable for cash and may not be combined with any other offer. Subject to change without notice. Roaming Internet available for use while in the US (including Puerto Rico and US Virgin Islands). Roaming internet must be activated within 60 days of it being added to customer's account (activated with first byte of usage and continues for 7 consecutive days or use of 350 MB whichever is sooner). If usage exceeds 350 MB within the 7-day period, additional pay-per-use charges will apply; visit rogers.com/roaming for rates. Usage subject to Rogers Terms of Service and Acceptable Use Policy. ©2013 Rogers Communications

Not enough power to go around

Flood fallout. City sees rolling blackouts after officials urge residents to cut back on electricity

JESSICA SMITH
jessica.smith@metronews.ca

Torontonians weren't able to conserve enough energy in the wake of the storm to prevent Toronto Hydro from implementing rolling power outages to lighten the load on the city's damaged power system on Tuesday.

Mayor Rob Ford, Toronto Hydro and Hydro One had called on Torontonians to conserve power after Monday's record-breaking rainfall wreaked havoc across the GTA.

"Folks, I must stress, this is crucial that we all reduce our electricity today to help relieve the strain on our hydro system," said Ford at an 11 a.m. press conference. "We're hanging on by a thread right now. Please turn off all non-essential electronics and lights."

A sinkhole, on Disco Road at Highway 427, that opened up after a massive storm and flooding in the GTA on Monday.
ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

City hall will be doing its part to conserve as well, he added.

According to Toronto Hydro CEO Anthony Haines, 300,000 people were without electricity at the peak of the storm. By 11 a.m. that number was down to 20,000.

"The system, while it is back up, is not in normal working condition. We are really stressing the system to meet the demand," he said at the press conference. "We're asking our customers to do what they can."

The system needed an extra 200 megawatts of power during peak demand, the equivalent of about 20 large condo buildings.

"The system is operating beyond its capacity as I stand in front of you right now," said Haines.

About an hour later, Toronto Hydro announced the number of homes without power had shot up to 70,000 because there was not enough supply available to power the demand.

Emma Sharpe, spokesperson for Toronto Hydro, said planned outages, implemented at the behest of Hydro One, occurred because Torontonians weren't able to conserve enough power.

The four rotating power-outage areas — all located in the western part of the city between Spadina and Jane, from the lake north to St. Clair — were chosen because they are close to a power station that remained down, said Sharpe.

Hydro One spokesperson Tiziana Baccega Rosa said crews required a police escort to get to the flooded stations, including one drowning in 1.3-million litres of water, while power from across the system was redistributed to support blacked-out areas.

"Given the nature of the system, these decisions are often made in real time, so there's no way to communicate them in advance," she said. "They're done as needed to bring equipment back online."

Water rush

Forgotten streams lying in wait

There used to be a network of little streams in Toronto's downtown core, each barely more than a kilometre long. Dry most of the year, the streams would come to life during rainstorms or after a snow melt, leading the run-off into Lake Ontario.

But at some point in the last 100 years those streams, and many others throughout the city, were buried by development.

Some no longer exist, while others became part of the sewer system. In suburban areas, some streams continue to wind along their original channels.

But when the city's pipelines can't handle major rainfall — such as on Monday — excess water tries to follow the path of the streams. Some roar back to life, but Helen Mills, founder of Lost Rivers, which charts those lost streams, said some routes have been so disturbed by development there's nowhere left for the water to go. TORSTAR NEWS SERVICE

STUFFED-UP? CONGESTED? ASTHMA?

If you have allergic rhinitis (sneezing, runny and itchy nose, nasal congestion) and mild asthma that does not require regular use of inhaled steroids, you may qualify for a clinical research study.

To qualify you must

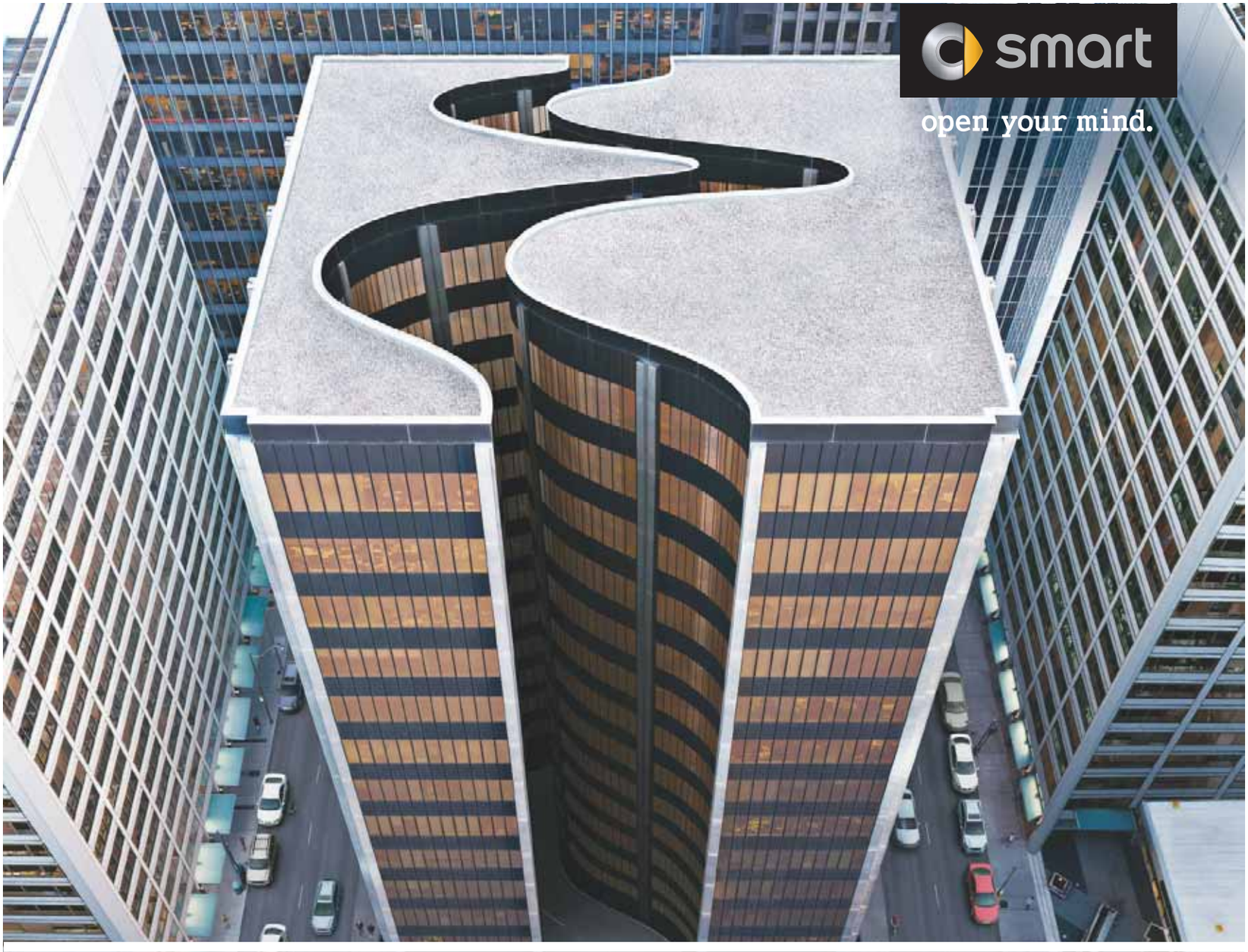
- *be 18 to 62 years of age*
- *have allergic rhinitis and mild asthma for 3+ years*
- *be a healthy man or post-menopausal or surgically sterile woman.*

Financial compensation up to $1785.

If you know someone with allergies & asthma, please ask about our asthma referral program. You could receive a referral bonus of $400.

inc Research®

www.studies4u.com
416.640.4004 • 1.866.222.8063
720 King Street West, 7th Floor (north elevators)



CITY DRIVING JUST GOT FUN.

>> The smart fortwo electric drive is here.

Fully charged with everything you've come to expect from smart: superior maneuvering, unparalleled parking capability, and fun like no other. And with the smart fortwo electric drive, it all comes with zero local emissions. To book a test drive, visit **www.smart.com**

www.smart.com

smart – a Daimler brand

© 2013 smart Canada, a Division of Mercedes-Benz Canada Inc.

Lac-Mégantic home to burnt-out crime scene

Death toll still rising. Police tight-lipped on what they have found or are still looking for

The official death toll in the Quebec train disaster climbed to 15 on Tuesday, with two more bodies pulled from a scorched area police were calling a crime scene.

With about another 35 people still missing, residents of Lac-Mégantic expect the grim news to continue.

Provincial police said they had 200 officers on site performing a criminal investigation.

"There is potential evidence there that could eventually lead to criminal charges being laid," said Insp. Michel Forget.

"I won't speculate on the elements we have recovered because they will be secret."

He said he doesn't believe terrorism is at play.

Earlier on Tuesday, the national Transportation Safety Board said it is performing its own investigation.

The TSB said Tuesday that authorities were never alerted to the fact that a runaway train was on its way to levelling part of the small Quebec town.

Rail dispatchers had no chance to intervene during the fateful 18-minute journey because they didn't know it was happening, TSB investigator Donald Ross told reporters.

"There were no signals nor track circuits, so the rail-traffic controller had no ... indication that there had been a runaway train," he said.

Such systems are in place on busier rail lines but not on secondary lines, said TSB manager Ed Belkaloul.

THE CANADIAN PRESS

Firefighters take a break on a set of train wheels. HANDOUT/THE CANADIAN PRESS

la Vie en Rose OUTLET

SALE WOW

UP TO 70% OFF ON SELECTED STYLES

OFFER BEGINS JULY 10, 2013

COTTON NIGHTY $6.99 Reg. $19.95

COTTON PJ SET $8.99 Reg. $29.95

PANTIES FOR HER 7/$10 Reg. $9.95 ea.

BRA STARTING FROM $6.99 Reg. $24.95

SLIPPERS $3.99 THE PAIR Reg. $11.95

While quantities last. Models and colours may vary from store to store. Other special offers also available online.

LAVIEENROSE.COM

VALID IN THE FOLLOWING LA VIE EN ROSE OUTLET STORES ONLY

- AURORA NORTH SMARTCENTRE - 15, First Commerce Drive, Aurora (905) 841-0427
- BRIDGECAM POWER CENTRE - 70 Pinebush Road, Cambridge (Corner of Pinebush and Hespeler Road) (519) 624-9022
- CANADA ONE FACTORY - 7500 Lundy's Lane, Niagara Falls (Corner Montrose /Lundy's Lane) (905) 358-7667
- CENTRE ON BARTON - 1223, Barton street east, Hamilton (905) 545-1815
- COLOSSUS CENTRE - 7575 Weston Road, Vaughan (905) 264-6369
- DIXIE OUTLET MALL - 1250 South Service Road #100, Mississauga (Corner Dixie Rd/ South Service Rd) (905) 278-5264
- EGLINTON TOWN CENTRE - 6 Lebovic Ave, Scarborough (Eglinton Ave. East / Lebovic Ave.) (416) 750-0499
- HARMONY CENTRE - 1397 Harmony Road North, Oshawa (Northeast corner Harmony Rd / Taunton) (905) 429-2066
- HEARTLAND TOWN CENTRE - 6075 Mavis Road, Mississauga (corner of Britannia) (905) 890-2925
- LONDON NORTH SMARTCENTRE - 1300, Fanshawe Park Road West, London (519) 474-0939
- OSHAWA SOUTH SMARTCENTRE - 560, Laval Drive, Oshawa (905) 728-4654
- RIOCAN BURLOAK - 3499 Wyecroft Road (Building L), Oakville (Southeast corner/QEW) (905) 469-8142
- RIOCAN CENTRE RYMAL ROAD - 2180, Rymal Road E., Hamilton (905) 692-0134
- SUNRISE CENTRE - 1400 Ottawa Street South, Kitchener (exit Fisher Hallman) (519) 741-1630
- TANGER OUTLET - 3311 Simcoe County Road #89, Cookstown (off Hwy #400 & Hwy #89) (705) 458-1781
- TRINITY COMMON MALL - 40 Great Lakes Drive, Brampton (Hwy #410 N. & Bovaird) (905) 458-5336
- VAUGHAN MILLS MALL - 1 Bass Pro Mills Drive, Concord (Hwy #400 North / Rutherford) (905) 669-2505
- WELLINGTON COMMONS - 1230, Wellington Road, London (519) 686-6903

EVERYTHING MUST GO!

Costa Concordia. Captain goes on trial for sinking

The crippled Costa Concordia lies off the tiny island of Giglio, a reminder of the 2012 shipwreck that claimed 32 lives. On Tuesday, the cruise liner's captain went on trial in Italy as the sole defendant in a case that may take months or longer to resolve.

Francesco Schettino is charged with manslaughter, abandoning ship and causing the shipwreck. He sat at the edge of the orchestra pit in Grosseto's Teatro Moderno, a 1,000-seat theatre serving as a courtroom because so many survivors and victims' relatives were expected to attend.

Instead, the theatre was virtually empty. A nationwide, eight-day lawyers' strike had generated expectations that Judge Giovanni Puliatti would immediately adjourn the opening hearing. Rather, Puliatti intoned a nearly hour-long roll call of lawyers' names before calling it a day — setting the next session for July 17.

Survivors have expressed frustration that there are no other defendants in the trial, as court-appointed experts have concluded that the crew and owner Costa Crociere SpA committed blunders and safety breaches. Five other defendants successfully sought plea bargains. THE ASSOCIATED PRESS

Francesco Schettino says he is a scapegoat. GIACOMO APRILI/THE ASSOCIATED PRESS

NSA scandal

Snowden off to Venezuela ... or not

WikiLeaks said on Tuesday that NSA leaker Edward Snowden has not yet formally accepted asylum in Venezuela, trying to put to rest growing confusion.

On Tuesday, a Russian lawmaker tweeted that Snowden had taken the offer from Venezuelan President Nicolas Maduro, then deleted the post a few minutes later. He then sent another message saying his claim was based on a report from a state TV channel, which in turn said the lawmaker misunderstood its report. THE ASSOCIATED PRESS

Green giant

Ex-NHL tough guy running for office

He was an NHL pugilist. He became an animal-rights-defending environmentalist. Now, in the latest twist in his career path, Georges Laraque is a politician.

At a news conference with Green Party Leader Elizabeth May on Tuesday, he said he will begin campaigning immediately for a byelection in a Montreal riding. Laraque became deputy leader of the Green Party in 2010. THE CANADIAN PRESS

SAVE $5,000 ON OUR IN-STOCK AND DEMO MODEL SALE!
ONLY 10 RESORT COTTAGES AT THIS PRICE! THEY WON'T LAST LONG!
THIS WEEK 3.99% FINANCING!

MAINTENANCE FREE
3 SEASON RESORT COTTAGES IN SANDBANKS!

FULLY FURNISHED AND DECORATED

FROM $69,900

OWNERSHIP INCLUDES
- 2 & 3 bedroom Resort Cottages with deck package
- Boat docking with winter storage
- Large sand beach on East Lake
- Heated pool
- FREE use of canoes kayaks and paddleboats
- Maintenance-free lifestyle
- Community fees from only $4,995/yr includes property tax & hydro
- Earn extra income through the rental program and pay your fees!

DEVELOPMENT WILL INCLUDE
- Kidz splash pool and playground
- Multi sports court for basketball, volleyball and ball hockey
- Owners Recreation Pavilion

CHERRY BEACH RESORT

OPEN HOUSE ALL WEEK LONG.
BOOK A RESORT TOUR TODAY!

Certain terms and conditions apply. All prices do not include tax O.A.C..

Call 1-877-814-4141 www.cherrybeachresort.com

Betting on nature. Natural disasters cost worldwide insurers $13B in 6 months

Last month's flooding in central Europe caused more than $16 billion in damage, about a quarter of it insured — making it the year's costliest natural disaster so far, a leading insurance company said Tuesday.

Natural disasters worldwide cost the insurance industry a total of about $13 billion in the January-June period, while the overall cost of disasters was some $45 billion, Munich Re AG said in a regular review of disaster costs.

Both figures were well below the average for the past decade.

Munich Re put insured losses from the flooding caused by the Elbe, Danube and several other rivers overflowing their banks at some $3.9 billion or more — most of them in Germany, but also in the Czech Republic, Austria, Slovakia and Hungary.

Flooding last month in Alberta caused damage initially estimated at more than $3 billion, with insured losses likely to top $1 billion.

THE ASSOCIATED PRESS

Members of the Red Cross make their way by boat in a flooded street in the centre of Passau, Germany on June 13. MATTHIAS SCHRADER/THE ASSOCIATED PRESS

Bridge crumbles into China river amid heavy flooding

Sichuan province. At least six people missing after 40-year-old roadway disappears under muddy water

Three people were pulled from a raging river but six others remained missing following a bridge collapse Tuesday in mountainous western China amid heavy flooding that has forced thousands to evacuate their homes.

The official Xinhua News Agency said one sedan, three minivans and one SUV fell into the torrent when the more than 40-year-old Qinglian bridge broke apart just before noon in the city of Jiangyou in the western province of Sichuan.

The local government said in a statement posted to its official website that an earlier report that a pair of passenger buses had plunged into the river was incorrect.

The two-lane bridge was completed in 1969, according to Xinhua, and a replacement span is under construction. China has been pouring resources into building infrastructure, but many older bridges and dams are of poor quality and urgently need repairs or replacement.

China's Civil Affairs Ministry announced Tuesday that flooding in Sichuan since Sunday has affected an area that is home to 360,000 people, damaging or destroying 300 homes, and forcing 6,100 to evacuate.

THE ASSOCIATED PRESS

Swept away

300

Flooding in Sichuan since Sunday has damaged or destroyed at least 300 homes so far, according to China's Civil Affairs Ministry.

A collapsed bridge over the Panjiang river is seen in Qinglian, Jiangyou city, in southwest China's Sichuan Province, Tuesday. The official Xinhua News Agency said five cars fell into the torrent when the more than 40-year-old Qinglian bridge broke apart. XINHUA/THE ASSOCIATED PRESS

DO YOU USE OPIOID DRUGS?

Healthy men and women ages 18 to 55 who have experience with opioid drugs such as morphine, oxycodone, heroin or codeine are needed for a clinical research study.

Participants must have experience chewing opioid drug tablets for recreational use.

Study consists of one screening visit, one 4-day in-clinic qualification session, five 3-day in-clinic treatment periods, and a follow-up visit. The time commitment for the study will be about 10 weeks.

Compensation for time and expenses is available up to $4505.

inc Research®

www.studies4u.com

416.640.4004 • 1.866.222.8063

720 King Street West, 7th Floor (north elevators)

Cleveland. Ex-captives break silence on YouTube

Amanda Berry, Gina DeJesus and Michelle Knight in a video posted on YouTube at midnight Monday. THE ASSOCIATED PRESS/HENNES PAYNTER COMMUNICATION

Three women who police say were held captive in a Cleveland home for about a decade have issued a video in which they thanked the public for the encouragement and financial support that are allowing them to restart their lives.

Amanda Berry, Gina DeJesus and Michelle Knight broke their public silence in the three-minute, 30-second video posted Monday night on YouTube. They said the support and prayers of family, friends and the public are allowing them to rebuild their lives after what Berry called "this entire ordeal."

The women had gone missing separately between 2002 and 2004, when they were 14, 16, and 20 years old.

In the video, none of the women had any visible scars of the abuse they said they suffered at the hands of Ariel Castro, who has pleaded not guilty to a 329-count indictment alleging he kidnapped them off the streets and held them captive in his two-story home. They were smiling and appeared upbeat.

Castro was arrested May 6, shortly after Berry broke through a door at the home and yelled to neighbours for help. THE ASSOCIATED PRESS

Quoted

"I may have been through hell and back, but I am strong enough to walk through hell with a smile on my face and my head held high."
Michelle Knight

Shedding light on forgotten Canadian war heroes

Operation Husky. Contribution helped turn the tide in WWII

JESSICA SMITH
jessica.smith@metronews.ca

Charles Hunter says it "hurts a little" when his Second World War service is ignored.

Hunter, a bombardier with the 39 Regiment Royal Artillery, was one of 25,000 Canadian soldiers who invaded Sicily in 1943 as part of the Allies' Operation Husky. It was the first independent role for Canadian soldiers in WWII, and Canada's strategic contribution helped open Italy to the Allies and turn the tide of the war.

Seventy years later, Operation Husky 2013 is commemorating the Battle of Sicily, which they say has been overlooked by history. The group says a poll of Canadians found 91 per cent didn't know Canadian troops were in Sicily during WWII.

"I don't know why it's ignored," Hunter said. "And it kind of hurts a little bit, to feel you get ignored when you've done a good job."

Operation Husky — the original one — commenced before the early hours of July 10, 1943. Allied forces stormed beaches at Pachino and climbed a 900-metre cliff the German's had left almost undefended, believing it impossible to scale.

The Allies drove the Germans off the island. Of 25,000 Canadians who fought, 562 had died by the end of the month. Compared to stories about D-Day and Dieppe, little is said about Canada's role in the Italian campaign.

To right that wrong, Operation Husky 2013 will be commemorating the Battle of Sicily beginning July 10. More than 200 Canadians are heading to Sicily, to take part in remembrance ceremonies, including retracing the soldier's march across the island.

Soldiers march across Sicily in 1943. CONTRIBUTED/OPERATION HUSKY 2013

RBC Royal Bank

Students win with RBC Student Banking.

The RBC® winning student banking package lets you:

- ✔ **Get** 25 free debit transactions per month[3]
- ✔ **Choose** from cash back or rewards credit cards for students[4]
- ✔ **Make** interest-only payments on a low-rate line of credit[5]

Rated best student account[1]

Ranked #1 student credit card[2]

Students WIN* $1000 EVERY DAY!
Get an eligible bank account, credit card or line of credit to enter.

rbc.com/studentswin

Advice you can bank on™

1 Rated by ratesupermarket.ca, January 7, 2013. 2 Ranked by moneysense.ca, May 5, 2012. 3 Refers to the RBC Student Banking account with no monthly fee and 25 debit transactions per month. Cost of debit transaction over 25 per month is $1.00 per debit. 4 Subject to credit approval and meeting eligibility requirements. To get a list of eligible credit cards for students, please visit: rbc.com/studentcards. 5 Interest only payments apply while in school and one year after graduation. Personal lending products are provided by Royal Bank of Canada and subject to its standard lending criteria. Some conditions and restrictions apply. * No purchase necessary. Contest ends September 30th 2013. Correct answer to skill testing question required. For full contest rules and how to enter without purchase, please visit: rbc.com/rules. Eligible products include the RBC® Student Banking account, RBC No Limit Banking for Students® account, any RBC Royal Bank® credit card with a valid graduation date, and the Royal Credit Line® for Students. Credit cards are subject to credit approval. Personal lending products are provided by Royal Bank of Canada. Some conditions and restrictions apply. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

No silver lining in Que.: Pipeline CEO

Lac-Mégantic. While many think rail disaster will boost pipeline support, exec says concerns apply to all

The CEO of one of Canada's biggest pipeline companies says there's no silver lining in the Lac-Mégantic train disaster.

There have been suggestions that transporting oil by pipeline may become more palatable after several oil-laden rail cars exploded over the weekend in the Quebec town.

But TransCanada boss Russ Girling says there's "no good news here for anybody" in the tragedy and the notion that the pipeline industry will somehow benefit makes no sense.

"This is a tragic event that shakes everybody and shakes all of us that are in the business," he said Tuesday.

"Going forward, we need energy infrastructure. It makes tremendous sense. People continue to have needs for starting their vehicles every morning, cooking their food, heating their homes. We have an obligation to do that as safely as we can."

Girling says he's "extremely optimistic" the company's proposal to ship Western crude east via Quebec has enough customer support to go ahead.

TransCanada's Keystone XL proposal to connect mostly oilsands crude to the U.S. Gulf Coast has been in limbo for years amid environmental opposition.

THE CANADIAN PRESS

Lac-Mégantic, Que., on Tuesday. JACQUES BOISSINOT/THE CANADIAN PRESS

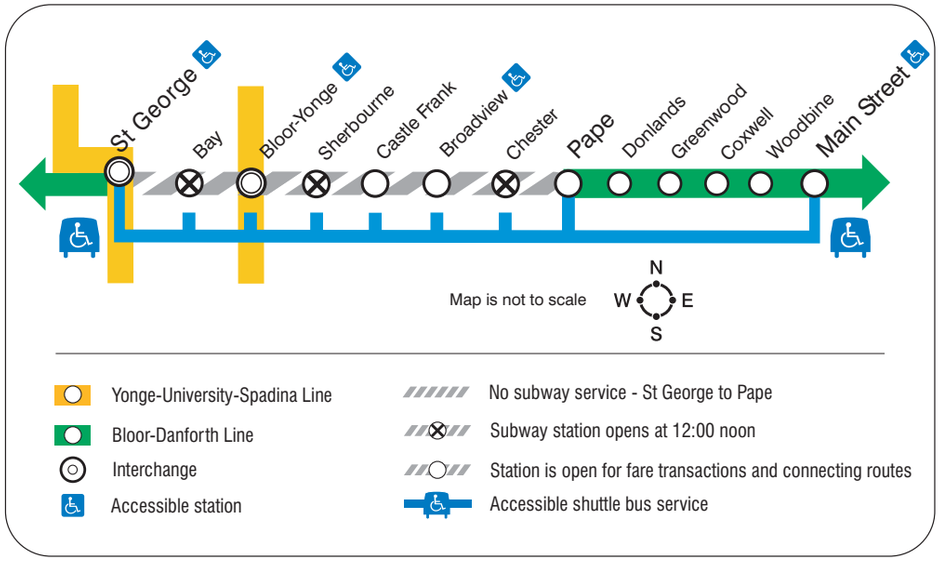
Bloor-Danforth Line

St George to Pape

Late Sunday opening due to Bloor Viaduct beam replacement.

July 14 and July 28, 2013

Subway service between St George and Pape stations starts at 12:00 noon. Shuttle buses will run between St George and Pape stations stopping on street at all stations in between.



Accessible shuttle buses will operate between St George and Main Street stations for customers who require accessible transit.

www.ttc.ca 416-393-4636

Liberal-hearts education. Book deal for alumna who urged students to marry

A Princeton University alumna who urged female students to find a husband before they graduate has a book deal. Susan Patton has an agreement with Gallery Books, an imprint of Simon & Schuster, for Smarten Up!: Words of Wisdom from the Princeton Mom, scheduled to come out in 2014.

Patton attracted national attention for a letter published by The Daily Princetonian, warning women they would never again be around so many "worthy" men. According to Gallery, Patton will offer "uncomfortable truths" about marriage and motherhood and what could happen if students wait too long.

THE ASSOCIATED PRESS

Leaked recording

Murdoch recalled for questioning

Lawmakers will recall Rupert Murdoch to London for more questions about a leaked recording in which he appeared to dismiss evidence of wrongdoing at his U.K. newspaper titles, a senior parliamentarian said.

The recording caught Murdoch describing allegations as "next to nothing," boasting his lawyers were refusing to actively co-operate with investigators, and speaking dismissively of bribery accusations.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 95¢ (+0.3¢)

TSX 12,297.09 (+88.23)

OIL $103.53 US (+39¢)

GOLD $1,245.9 US (+$11)

Natural gas: $3.48 US (+1¢)
Dow Jones: 15,300.34 (+75.65)

ROCHON | GENOVA LLP
BARRISTERS – AVOCATS

DISABILITY CLAIMS?

Have you been denied or cut off from your long or short–term disability insurance benefits? We can help you!

- Free Consultation
- No payment until claim is settled

Call: 416-363-1867
www.rochongenova.com

WANT TO KNOW YOUR DEATHDAY?

JUST SAYIN'

Paul Sullivan
metronews.ca

Another day, another amazing scientific breakthrough.

This one, I have to admit, actually is amazing. And disturbing.

A team of scientists in the U.K. have come up with a blood test for infants that will predict how quickly they will age and how long they will live.

Talk about "born to die."

These scientists have identified 22 metabolites — molecules linked to metabolism – that help govern a host of bodily mechanisms such as lung function, bone density, blood pressure, cholesterol levels, etc.

Putting a positive spin on it, the scientists believe that they will now be able to influence these metabolic factors and treat age-related diseases before they put us on the wrong side of the lawn.

But seriously, do you really want to know when it's over — as soon as it begins? Right now, Canadians can expect an average life expectancy of 81 years, which seems comfortably far off when you're three days old. But what if your metabolites predict a 50-year life span — or worse? It seems a bit unfair to expect someone to start working on a bucket list before he's out of short pants.

How long will it be before metabolite blood tests are routine? Together with genetic analysis, the fate of the child will be sealed before the first car ride home. Career, insurance coverage, diet, hobbies, whatever, will all be based on their metabolic or genetic impact — or both. "Epigenetics" is the means by which environmental factors switch certain genes on or off. So, conceivably, the state of your metabolites will help determine your genetic array and vice versa.

Together they take all the guesswork out of life. Maybe all the fun, too.

If you were still harbouring any notions of free will, it's time to put all that aside and start the grim dance of biological determinism.

It's hard enough bringing kids into the world. If you're lucky enough to give birth to a relatively robust being who will take care of you in your dotage, it's almost worth the investment, but if the poor little gaffer will expire before you're 64, what's the point?

Of course, it doesn't matter what I think or what you think. Medical science marches forward, regardless. Once the genie is out of the test tube, it's not about to allow itself to get stuffed back in.

Still, I'm glad I have no idea what my best-before date is. For all I know, I could be looking forward to a telegram from the Queen when I turn 100. She'll certainly still be around.

Or the wheels could fall off next Thursday.

Ignorance is bliss.

ZOOM

NYC bar scene having an ice age

BEBETO MATTHEWS/THE ASSOCIATED PRESS

Baby, it's cold in the ice cave

In the sweltering summer heat, New Yorkers are ready for the big chill — in midtown Manhattan.

The city's first ice bar is now open at the New York Hilton Midtown on Sixth Avenue. The $20 admission includes Eskimo-style gloves and a parka for the privilege of drinking cocktails in the freezing Minus5 Ice Bar.

The entire bar is made of ice. "The walls, everything," manager Chris Eldridge said. "The chairs you're sitting on, the glass you're drinking out of, even the light above your head is made of ice."

Promoters say it's all carved out of "100 per cent Canadian ice."

The truth is, it's special, extra-clear "carvers" ice — some from Canada, the rest from Philadelphia, Las Vegas and Minneapolis.

THE ASSOCIATED PRESS

It's the cool place to be

-5

The temperature inside? A soothing 23 degrees Fahrenheit.

That translates to minus five degrees on the Celsius scale — hence, the name.

Any heat-emitting devices that could melt the Arctic freeze — like cellphones — must be deposited in temperature-proof lockers at the door.

There are already two Minus5 bars in Las Vegas.

Put this on your bucket list

The only concessions to warm comfort are some couches covered in deerskin.

Drinks reflect the icy clarity: mostly vodka-based cocktails in custom-designed glasses made from artesian water.

Bartender Paul Stavros was decked out for his eight-hour shift. He wore thermal underwear and snow boots.

THE ASSOCIATED PRESS

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

Happy birthday, dear app store. In honour of Apple's app store turning five this week, the folks over in Cupertino, Calif., are celebrating their half decade by giving away five games and five apps. Make sure to get yours before the flash sale runs out (unclear when the sale ends, but rumours suggest the end of the week).

Badland:
With accolades such as the 2013 Apple Design Award, why not try this physics puzzle game based in a fairytale-like forest while it's free ($4).

How to Cook Everything:
Who said there's no such thing as a free lunch? The Holy Grail of cookbooks, New York Times' Mark Bittman's How to Cook Everything, which usually goes for around $10, is up for grabs.

Traktor DJ HD:
This professional mixing app usually goes for $20 and includes DJ effects like BeatMasher, reverb and relay.

Comments

RE: Lac-Mégantic begins the week with a shattered core and dozens still missing, published July 8

Where exactly do they think the 40 or so people went?

Look at the destruction and flames that carried on for hours. Do they expect to find bodies? Or do they expect to scientifically connect ashes?

Warning signs my ***. You leave a train that is a potential mega big bomb alone and say there might have been warning signs.

People have lost loved ones and everything they had and this zigging around to find why the train killed them is disgusting.

The fact is it did, now own up to it and help these people.

Jean Caron posted to Metro Ottawa's Facebook page

WE WANT TO HEAR FROM YOU:
Send us your comments: torontoletters@metronews.ca

metro

President and Publisher Bill McDonald • **Editor-in-Chief** Charlotte Empey • **National Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Toronto** Tarin Elbert • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Distribution Manager** Steve Malandro • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO TORONTO** 625 Church St., 6th Floor Toronto ON M4Y 2G1 • **Telephone:** 416-486-4900 • **Fax:** 416-482-8097 • **Advertising:** 416-486-4900 ext. 316 • adinfotoronto@metronews.ca • **Distribution:** toronto_distribution@metronews.ca • **News tips:** toronto@metronews.ca • **Letters to the Editor:** torontoletters@metronews.ca

STOP HAIR LOSS

for MEN and for WOMEN

#1 SELLING IN CANADA

Hair Grow Technology's Bio-Fen® product line is continually moving forward! We are introducing our two latest versions; **Bio-Fen® Plus for Men** and **Bio-Fen® Plus for Women**. These products have been assigned Natural Product Numbers (NPN's) by Health Canada.

We recognize that both men and women experience androgenic alopecia (AGA, or male / female pattern baldness) and have made some improvements to the original formulation based on the latest science to address their specific needs. You will notice that we now have additional complementary (Health Canada Approved) health claims on each product.

How does Bio-Fen® PLUS work?

We are bringing you two new products with **double** the number of capsules and **triple** the number of health claims for men and **four times** the number of health claims for women.

As in the previous formulation, the fenugreek seed extract in both new formulas reduces excess blood lipid levels (hyperlipidemia). Fenugreek contains β-sitosterol, an active plant sterol, which has been shown to inhibit 5-alpha-reductase activity – the enzyme responsible for converting excess testosterone to *DHT* (which is the primary molecule that causes hair loss). The SDG (secoisolariciresinol diglucoside) from flax lignans in both formulas also decreases excess cholesterol - the building block of testosterone. Based on new research on the rate of metabolism of SDG in flax lignans (8-12 hours on average), the dosage in both products has been revised from once a day to twice a day for optimum results.

Twice the Strength! Twice the Power!

Bio-Fen® Plus for Men:

As before, the saw palmetto extract inhibits the enzyme 5-alpha reductase, and this action slows down the conversion of testosterone to dihydrotestosterone (or DHT) – the overabundance of which causes the miniaturization of hair follicles. This activity of the saw palmetto also helps to relieve the urinary symptoms of mild to moderate BPH for men.

The saw palmetto that originally was an extract standardized to 45% free fatty acids, esters, and sterols while the new formula is a 4:1 extract to support the BPH claim. The product still contains these molecules for hair loss, but they are now at proprietary amounts based on our research so that the competition cannot duplicate our formula.

Bio-Fen® Plus for Men will also help to:

- ***Relieve the urologic symptoms associated with mild to moderate benign prostatic hyperplasia - BPH (e.g. weak urine flow, incomplete voiding, frequent daytime and night time urination).***
- ***Reduce elevated blood lipid levels / hyperlipidemia.***

Bio-Fen® Plus for Women

The women's formula is almost the same as the men's formula. The mechanisms and results for the women formula is the same. The only difference is it contains silicon and iron instead of saw palmetto. Silicon has been shown to contribute to hair shaft strength and thus healthy hair growth. It also contains iron which helps prevent iron deficiency. A number of studies have related sub-clinical iron deficiency in women to diffuse hair loss/alopecia.

The increased amount of SDG and other revisions to the regulations allow us to make some additional health claims for *Bio-Fen® Plus for Women*.

Bio-Fen® Plus for Women will also help to:

- ***Reduce elevated blood lipid levels/hyperlipidemia***
- ***Prevent iron deficiency.***
- ***Metabolize carbohydrates, fats and proteins.***

How long must I use Bio-Fen® Plus?

Bio-Fen® Plus for Men capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or the rate of hair loss is decreased. Anyone experiencing new growth should see it within four months. In some people the original pigmentation may come back. Once you stop completely your hair growth pattern will slowly go back to the point where you started. However, some people may be able to go with a lower maintenance dose.

What is the quality of Bio-Fen® Plus for Men?

Bio-Fen® Plus for Men is manufactured in Canada according to quality assurance specifications called Good Manufacturing Practices (GMP). This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and the finished product prior to sale.

Hair Grow Technology (Bio-Fen® Plus) is a progressive company - we continually seek out the latest research on bioactive ingredients, and on regulatory updates in the natural health products industry.

See our website to locate your nearest store that carries *Bio-Fen® Plus*.

www.biofen.com

1-866-424-7745

Available at Health Food Stores, Supplement Stores & Independent Pharmacies

Save $5.00 off your purchase with this coupon!

Each coupon is valid for one bottle of Bio-Fen® Plus for Men or Bio-Fen® Plus for Women. Valid one coupon per bottle. Coupon is void when reproduced or altered in anyway. Coupon expires on August 31, 2013. Retailers must submit all coupons for reimbursement to Hair Grow Technology within 30 days after the expiration date. Redeemed coupons must be accompanied with a copy of the purchased receipt.

Godzilla: a historical movie figure

IN FOCUS
Richard Crouse
scene@metronews.ca

For someone who grew up watching Godzilla stomp his way through the major cities of the world, the idea of a sea monster large enough to use a battleship as a baseball bat is very exciting. In Pacific Rim director Guillermo del Toro presents the biggest movie monsters seen since the Blue Oyster Cult sang, Oh no, there goes Tokyo, go go Godzilla!

Pacific Rim's monsters are direct descendants of the "kaiju" or strange beasts that became popular in the sci-fi films produced by the Japanese company Toho in the 1950s and '60s. Most famous is the king of all monsters, Godzilla, the giant lizard who wreaked havoc in 29 movies. Rounding out Toho's big five are a Divine Moth called Mothra and a trio of kaiju named King Ghidorah, Mechagodzilla, and Rodan.

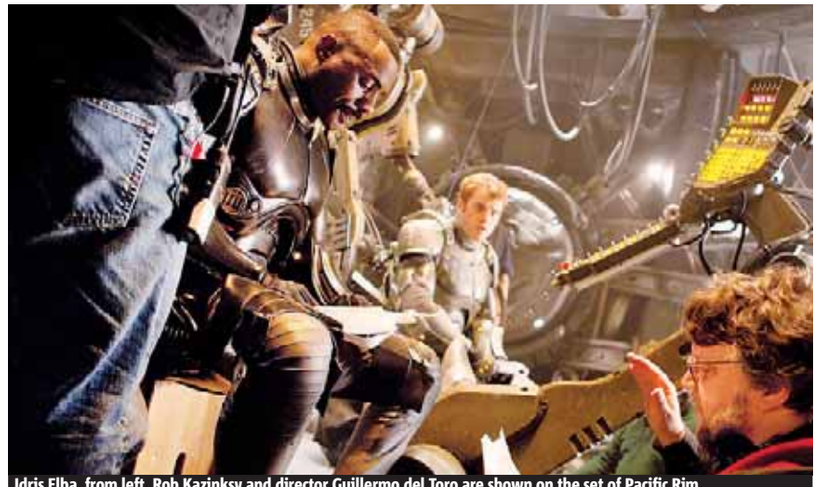
The first Godzilla film came in 1954. The story of an ancient dinosaur-like colossus created by American nuclear weapons testing was inspired by a news story about the Lucky Dragon 5, a Japanese fishing boat contaminated after sailing too close to a U.S. nuclear test.

"Suitmation actor" Haruo Nakajima played the beast and could only walk 30 feet at a stretch in the 200-pound Godzilla suit. To create the monster's fearful roars, audio engineers threw reverb on the sound of a resin-coated leather glove rubbed on the strings of a double bass. Ten years after that movie, King Ghidorah, a fearsome alien dragon, was created as Godzilla's archenemy.

Director del Toro too busy to take in a movie

Blockbuster. Guillermo talks making Pacific Rim and making movies in Hollywood

NED EHRBAR
Metro World News in Hollywood



Idris Elba, from left, Rob Kazinksy and director Guillermo del Toro are shown on the set of Pacific Rim.
KERRY HAYES/WARNER BROS. PICTURES/MCT

Guillermo del Toro is first and foremost a movie buff, which has been causing him a distinct amount of unhappiness.

You see, del Toro has been so busy making movies — particularly his latest, the giant robots vs. giant monsters blockbuster Pacific Rim — that he hasn't had any time to actually watch other people's movies. Or at least that's the excuse he gives for not having seen Man of Steel or the first instalment of the Hobbit, which he was originally pegged to direct.

There's been a lot of criticism about the levels of carnage shown in Man of Steel. Your film also features a great deal of urban destruction. How do you keep from crossing the line from fun into too realistic?
Well, kaiju movies by definition bring a completely escapist fun in these type of fights. When you're a kid and you're watching Godzilla stomp a bunch of tanks or jets or cut through a city, the proportions of these things are so enormous that you cannot correlate them to anything real. What I do is I then bring in visually a very different sense of style from reality. I have these super-coloured lights illuminating the rain, so it looks like a living comic book or a living anime, you know? And the thing that I do very, very consciously is I vacated all the streets so they would be empty of people. So you're never thinking, "Oh, the kaiju just crushed 600 people." Because the streets are vacated and everybody's in a refuge, all they can destroy is buildings and vehicles when nobody's there.

Have you seen Man of Steel?
No, I haven't. I haven't seen many movies because I've been making one. The only two or three times I've gone to the movies in the last few years have been to movies that my daughters want to see. So I went to Les Miserables and I went to some animated movies — movies that I would not necessarily have gravitated towards. But that's being a parent, taking your daughters to see the Justin Bieber concert movie.

Does that mean you have to go see the One Direction movie later this summer?
No, no (laughs). Actually my daughters are not into that stuff.

Are you planning to do another non-English language film anytime soon, or do you live in Hollywood exclusively now?
Yeah, I would love to. I produce a lot of movies in Latin America and Spain and I'm producing a movie right now in Mexico. As a director I would love to do it, but I need to find a story that suits me. It's not like I have a drawer full of stories in Spanish and in English.

What determines if a story is better told in Spanish rather than English?
You cannot aspire to do a movie that is as quirky as Pan's Labyrinth in the Hollywood machinery. It would get tested and noted by executives to death. It would end up having a happy ending and all that bulls—, you know? And at the same time you cannot end up with a movie that is as spectacular and huge and magnificent in showmanship as Pacific Rim if you do it in Mexico or Spain. So depending on the scale of the story, depending on if you need to protect the production value and spectacle or if you need to protect the content and quirkiness of the story, you go from one (end of the) scale to another.

JULY 10 – AUGUST 28, 2013
FRESH WEDNESDAYS
Presented by Timothy's World Coffee
Farmers' Market 10 am to 2 pm
Fresh Concerts – 12:30 to 2 pm
July 10: Justin Dubé
July 17: Beat Café
July 24: Layah Jane

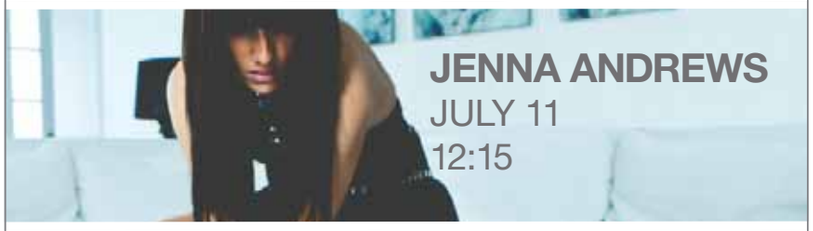
JULY 11 – AUGUST 29, 2013
TASTY THURSDAYS
International Cuisine ($7 or less) 11 am to 2 pm
Tasty Concerts - 12:30 to 2 pm
July 11: Café Cubano
July 18: Matuto
July 25: Bombolesse

Produced by
Toronto Call 311 City Toronto Star thestar.com
Nathan Phillips Square, 100 Queen St. W.
Free Admission • toronto.ca/special_events

Justin Dubé

First Canadian Place
ARTS & EVENTS
SOUNDBITES
CONCERTS IN THE PARK
Thursdays at 12:15
in the First Canadian Place Park (100 King St. West).
Performances are FREE.

KARRNNEL
SOUNDBITES MC


JENNA ANDREWS
JULY 11
12:15

DAVID MYLES
JULY 18
12:15

KELLYLEE EVANS
JULY 25
12:15

TIM HICKS
AUGUST 1
12:15

Text SOUNDBITES to 393939 for a chance to
WIN LUNCH FOR A MONTH!
Winners announced at each concert; must be present to win.
Visit us online for full contest details.
GRAB A BITE! On your way out to a concert,
pick up lunch-to-go from your choice of 27 fast fare eateries.

MyFirstCanadianPlace.ca
Brookfield
100 KING STREET WEST FCPEVENTS@BROOKFIELD.COM 416-862-6290

Rascals are Groovin' to a unique reunion

Once Upon a Dream. After 40 years, the band reunited for a theatrical concert that has had a strong run on Broadway and is now going on tour

PAT HEALY
Metro World News

Eddie Brigati, left, Dino Danelli, Gene Cornish and Felix Cavaliere attend an after party for The Rascals: Once Upon A Dream's Broadway opening night at Sardi's in New York City. ROB KIM/GETTY IMAGES

A young Steven Van Zandt and Bruce Springsteen, who didn't know each other at the time, went to see The Rascals at a roller rink on the Jersey Shore in the summer of 1966.

The show made quite an impression on the future E Street Band members.

The Rascals "were absolutely amazing, and it was one of the most inspiring performances of my life," Van Zandt said. "It stayed with us — half rock, half soul — so we trace our roots very much to them."

Now, after more than 40 years apart, the original Rascals — Felix Cavaliere, Eddie Brigati, Gene Cornish and Dino Danelli — have reunited for a theatrical concert, called The Rascals: Once Upon a Dream.

The show, which sold out a Broadway run earlier in the spring, is now touring other cities. Van Zandt, the co-producer, co-director and writer of the show, had tried to reunite the original members for 30 years.

"They're very idealistic guys," he says. "There's been a lot of money thrown at them, and they turned it down, and finally it came down to this idea, and I think it appealed to them.

"I wanted the show to be a great concert, but I wanted to re-establish the legacy, re-establish the history and the identity of the band. People need to be reminded, and you can't blame the public when you're gone for 40 years."

When they formed in 1965, The Rascals were part of America's answer to the British Invasion, with hits including Good Lovin', Groovin', People Got to Be Free, A Beautiful Morning and How Can I Be Sure.

The group, now in the Rock and Roll Hall of Fame, expanded the scope of the era's rock-pop sound with elements of soul, jazz and the use of complex arrangements and instrumentation.

In Once Upon a Dream, the band plays more than 30 hits, augmented by a few backup musicians and singers and a 50-by-25-foot LED screen, which illuminates the songs and the story of the band.

In New York, Brigati's How Can I Be Sure was a showstopper.

"I want people leaving feeling elated, with a sense of inspiration and motivation and a certain optimism that you can't come by too easily these days," says Van Zandt, who is currently on tour with the E Street Band in Europe. "I'm very proud that people are leaving the show feeling that anything is possible."

Coming to town

The Rascals: Once Upon a Dream will be in Toronto at the Royal Alexandra Theatre from Aug. 13-25. For tickets, go to mirvish.com.

We are looking for volunteers!

Men and/or Women, aged 18 yrs or older
Lambda Therapeutic Research Inc specializes in conducting clinical research trials.
We are looking for healthy non-smoking individuals to participate in upcoming studies.
Participants are compensated for their time.
Compensation may range from $ 750 to $3500 depending on study duration.
Refer a friend and you may receive $100!
Please contact for more information :
Mon-Fri: 9am-7pm & Sat: 10am-3pm: Call 416-752-3333 / Toll Free: 1-866-207-3333
All other times: Toll Free: 1-888-240-8245
www.lambdacanada-cro.com www.todaysresearch.com
Location: 460 Comstock Road, Toronto, M1L 454

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

George Clooney

George Clooney is on the market

George Clooney is back on the market — and apparently he has been for longer than people think. Clooney and girlfriend Stacy Keibler have reportedly parted ways and have been trying to keep the split under wraps for as long as possible, according to Radar Online.

"They did break up," a source says, noting that the split was "amicable" and "due to schedule, nothing more." Clooney and Keibler have been spending time apart the last two months while dodging breakup rumours.

"It's been slowly falling apart for awhile," a source tells Us Weekly. "Stacy knew George was not the man to settle down with."

The Word

Nick Lachey sings for his dinner

Nick Lachey turned up the heat during a brief tour stop in New York on Monday to help launch a viral advertising campaign for Wendy's new Pretzel Burger.

The '90s heartthrob, back on tour with a reunited 98 Degrees, gave an intimate performance at a Midtown Wendy's, singing songs based on some tweets about the burger chain's latest creation. Yes, you read that correctly.

"It's not the easiest thing to write a song out of tweets," Lachey said about Monday night's performance. The song he created especially for this event? "Pretzel Buns I Am a Fan... Hashtag." That is literally what he sang. (The Word really wants to know what his paycheque was for this. Let's hope it wasn't just in Pretzel Burgers, even though he admitted that he's "a huge pretzel guy.")

Lachey was right back on the road after the event to prepare for the West Coast leg of the tour. Now 39, life on the road comes with different responsibilities for Lachey and his wife Vanessa, who are bringing their newborn son, Camden, along for the ride.

"It's different, but it's cool to come off stage and know your family is there and your son is sleeping in a crib on the bus," he said. "In a lot of ways it's a much cooler dynamic just having the opportunity to spend time with them and the opportunity to share those memories. It's a lot more meaningful than to be out on your own." **METRO WITH REPORTING FROM CHRIS LONGO**

Statham getting ready to tie the knot

After three years of dating, Jason Statham is reportedly ready to make it official with Rosie Huntington-Whiteley, according to Us Weekly.

"I hear he'll propose soon," a source tells the magazine. "Their connection is very serious and physical." And Huntington-Whiteley herself clearly isn't bothered by their 19-year age difference. "I'm not interested in hanging out with boys," she recently said in an interview with the Edit. "I have all the man I need."

Jason Statham ALL PHOTOS GETTY IMAGES

BioPharma Services Inc.

Are you a healthy, non-smoking male or female 18 years of age or older?

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies.

- We conduct weekday as well as weekend studies.
- Compensation may range from $900 to $2650 depending on the length of the study.

CALL: 416-747-5246
TOLL FREE: 1-866-747-5246
Mon to Fri 8-6
www.biopharmaservices.ca

LISTEN TO THE ENTIRE ALBUM FOR FREE

SARA BAREILLES

The Blessed Unrest

Listen to **Sara Bareilles'** new album, ***The Blessed Unrest***, for free exclusively on iTunes at ***iTunes.com/Sarabareilles*** until **July 15th** and **pre-order** the album now!

Pre-order on iTunes

iTunes.com/sarabareilles

LIFE 3

From far and wide, the True North is Amazing TV

The Amazing Race. The hugely popular reality TV show is coming north of the border with a Canadian edition

ON THE MOVE
Loren Christie
life@metronews.ca

Canada is finally getting its own version of The Amazing Race.

Helming the show is host and Olympic athlete Jon Montgomery.

What made you want to be the host?
It intimidated me and scared me and I like that. As people we learn the most when we challenge ourselves, when we live outside our comfort zone.

What do you bring to the show?
Just an aspect of being myself. I think that's what was perhaps endearing at the 2010 Games. Just being someone who Canadians identified as being uniquely Canadian, being honest, being you, drinking beer. A big beer. If people identify me as an average Joe Canadian, then that's something I am really proud of. I set lofty goals for myself, but I am just an average guy getting it done.

The cast of Canada's Amazing Race. HANDOUT

Did you have any input into the roadblocks or detours?
They didn't pick my brain. I was simply tasked with being the host. But in the role I got to explain and do all the challenges. I demonstrate them. That's what will be different from Phil's (original series host Phil Keoghan) role and my role.

How long did the filming take? How many legs?
It was three weeks, every day. I believe 10 episodes in total. Each episode isn't just a day; they can span a couple of days. There were crazy hours just like in the U.S. one. People are fighting tooth and nail to get across this country.

What surprised you most about Canada?
Lots of places I didn't know about. We experienced a desert, mountains in places that I didn't expect to see them. At every stop there was some element of surprise. And I considered myself to be a pretty knowledgeable guy about our country.

Can you tell me one place the show went?
I can tell you we took a great many planes and automobiles to get from coast to coast to coast.

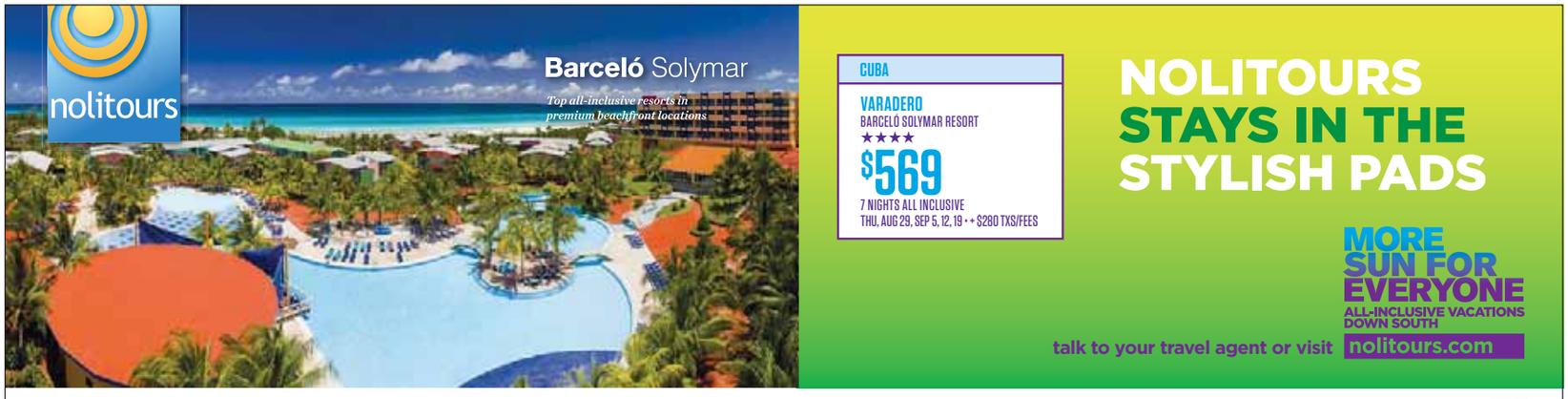
You said coast three times?
We do go north. If there is a Canadian out there wondering if they will see an aspect of their area of the country in this TV show, the answer is — yes!

THE AMAZING RACE CANADA WILL AIR MONDAYS AT 9 P.M. ET/PT BEGINNING JULY 15 ON CTV.

Meet the teams

Get to know the contestants

- **Team 1.** Vanessa Morgan and Celina Mziray, sisters, Ottawa
- **Team 2.** Tim Hague Sr. and Tim Hague Jr., father and son, Winnipeg
- **Team 3.** Hal Johnson and Joanne McLeod, Married fitness icons, Oakville, Ont.
- **Team 4.** Brett Burstein and Holly Agostino, Married doctors, Montreal
- **Team 5.** Jamie Cumberland and Pierre Cadieux, best friends, Airdrie and Innisfail, Alta.
- **Team 6.** Jet Black and Dave Schram, best friends, London, Ont.
- **Team 7.** Treena Ley and Tennille Dorrington, twin sisters, Hamilton, Ont.
- **Team 8.** Kristen Idiens and Darren Trapp, dating, Fairmont Hot Springs, B.C..
- **Team 9.** Jody Mitic and Cory Mitic, brothers, Ottawa and Edmonton



Flights are from Toronto via Air Transat or CanJet. Prices shown are per person, based on double occupancy in lead room category. Space and prices are subject to availability at time of booking and subject to change without prior notice. Taxes and fees are extra and noted above. Travel Agency fees may apply. For full descriptions and terms and conditions, refer to the Nolitours 2012-2013 Sun brochure. Nolitours is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Ontario (Reg#50009486) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8.

While it's easy to spend a fortune in Copenhagen, one of Europe's most expensive cities, the Danish capital also has a lot to offer for travellers on a tight budget. The city centre is compact enough that you can get around on foot, enjoying the top sights and walking in the footsteps of fairy-tale writer Hans Christian Andersen — without spending a single krone.

THE ASSOCIATED PRESS

5 free things to do in Copenhagen

Window shopping

Skip the souvenir shops with plastic Viking helmets and explore the internationally acclaimed world of Danish design, from the hand-painted china at Royal Copenhagen to the cutting-edge fashion boutiques with clothes from homegrown designers like Noir, Munthe plus Simonsen, Day Birger et Mikkelsen and Baum und Pferdgarten. If you visit in December, don't miss the Yuletide markets with Christmastime treats at Hoejbro Plads or Nyhavn.

Take in a concert

Copenhagen was home to a prominent jazz scene in the 1960s and 1970s, when many American jazz musicians settled here. The annual jazz festival still draws big names in early July (this year, July 5 to 14) and many concerts are held outdoors, rain or shine. Many are free.

Stop by a museum

Take advantage of free admission to state-run museums, including the National Museum, the National Gallery or the Post & Tele Museum, where you can try out a telephone with a crank handle and lift a rather heavy early mobile phone (also check out the splendid view from the rooftop café). The David Collection features work from Vilhelm Hammershoei and other Danish painters, and a rare collection of Islamic art. Admission to the permanent collections is free, but there is a fee for temporary exhibits.

Walk in Hans Christian Andersen's footsteps

The 19th century author of The Little Mermaid, The Emperor's New Clothes, The Ugly Duckling and other fairy tales was born in central Denmark, but lived and died in Copenhagen. The city has two statues of him: one in the Kongens Have park and another, more famous, outside City Hall.

Find Ariel — paparazzi-style

The location of the iconic Little Mermaid statue is a bit off, and be advised: her size is underwhelming. Still, many find her worth the half-hour walk from the downtown area. A tribute to Andersen's fairy tale, the 100-year-old bronze statue is free to admire and photograph. Unfortunately, the easy access has also led to acts of vandalism.

Comfort Tour
USA TOURS INCLUDE ROUND-TRIP, CITY TOURS, 3 BREAKFASTS, 3 NIGHTS HOTEL
4 DAYS NEW YORK
JUL 18, JUL 25, AUG 2, AUG 8, more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 DAYS WASHINGTON
JUL 18, AUG 2, AUG 29, SEP 19, more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 DAYS BOSTON
JUL 11, AUG 15, AUG 29, SEP 12, more dates available online
TOUR PACKAGE $598* TAXES INCL.
4 NIGHTS LONDON
4 NIGHTS PARIS
SEP 5, SEP 19, OCT 10
TOUR PACKAGE & FLIGHT $1,978** $526.16 TAXES
4 DAYS CHICAGO
AUG 15, AUG 29, SEP 12, SEP 26, more dates available online
TOUR PACKAGE $598* TAXES INCL.
3 DAYS MONTREAL QUEBEC OTTAWA
JUL 12, JUL 19, JUL 26, AUG 3, more dates available online
TOUR PACKAGE $398* $51.74 TAXES
* ALL PRICES ARE PER PERSON BASED ON DOUBLE-OCCUPANCY
** LOWEST FARE SHOWN
Comfort Tour Inc. 90 Sherbourne Street, Suite 101, Toronto, ON M5A 2R1, Canada
Tel: 416-642-0372 Toll-free: 1-866-213-0371 WWW.COMFORTTOUR.CA
No. 50013488

Get lost in woodsy New Hampshire

Destinations. It's close enough to Canada — it even borders onto Quebec— but feels a million miles away

EVA KIS
Metro World News

New Hampshire is a convenient and tax-free haven with cooler mountain air and surprising luxury. Make the most of your visit with our guide.

Portsmouth

Make Wentworth by the Sea your home base to explore Portsmouth.

With all rooms boasting water views, this grand hotel was saved from demolition and reopened in 2003. Its restaurant, Salt, is fresh off an extensive remodelling with a new menu and a herb garden, used by the bartenders for seasonal cocktails.

In the morning, head to Portsmouth Kayak Adventures (portsmouthkayak.com) for a few hours of guided leisure on the Piscataqua River, no experience required. Have lunch downtown on the water at Martingale Wharf (martingalewharf.com), where most everything on the menu has a gluten-free version.

Shop for an unexpected accessory at Puttin' on the Glitz (puttinontheglitznh.com) — proprietor Assiah Russell swears by the power of a hat.

Portsmouth, New Hampshire skyline with a tugboat in the foreground. ISTOCK PHOTOS

North Conway

Summer means ski resorts get creative, and Cranmore Mountain Adventure Park (cranmore.com) has packed in activities for everyone ages three and up, including a solo roller coaster and an adventure course with a zip line.

After conquering the mountain, take a stroll through Settlers' Green (settlersgreen.com), featuring more than 60 tax-free factory stores.

If your palate is developing a taste for the outdoors, The 1785 Inn (the1785inn.com) is known for game (buffalo steak is a recent special).

Digest your busy day on the sprawling deck of the luxurious White Mountain Hotel & Resort (whitemountainhotel.com), or soak your tired muscles in its outdoor Jacuzzi.

Lincoln/Crawford North

A large part of the fun is getting here via the Kancamagus Highway (kancamagushighway.com), a 35-mile scenic route through White Mountain National Forest.

Though a popular route to view fall foliage, the fog-wrapped peaks and lush green valleys put on a good show of their own. Make camp at AMC Highland Center (outdoors.org), an environmentally friendly lodge with experienced guides and free equipment rentals.

Don't go all Davy Crockett in the woods, though, because the Cafe Lafayette Dinner Train (nhdinnertrain.com) leaves at 6 p.m. for a moveable feast of traditional favourites.

Walkway over Sabbaday Falls off the Kancamagus Highway — White Mountains National Forest, New Hampshire. ISTOCK PHOTOS

One of the cliff faces as seen from atop Cathedral Ledge, North Conway, New Hampshire. ISTOCK PHOTOS

One more spot

Franconia Notch/ Plymouth

- **Where to go.** Relax at Echo Lake (cannonmt.com/echobeach.html). For lunch, hit Foster's Boiler Room (thecman.com), and later, unwind with a show at The Flying Monkey (flyingmonkeynh.com).

1000 ISLANDS
SUMMER SPECIAL INCLUDING WEEKENDS
HILL ISLAND LODGE • www.hillislandresort.com
The Only Hotel in Canada on One of the 1000 Islands 3 Days 2 Nights Package from $149.00 ppdo + taxes
Includes: 2 nights accommodation, 2 breakfast, 2 dinners, and 2.5 Hour Boar Cruise on Gananoque Boat Line's Discover the "Lost Ships of 1000 Islands"
Reservations Call: 1-866-659-4459

GOLDEN BEACH
RESORT
Rice Lake, Ontario Canada
90 Minutes east of Toronto. Offering 2, 3 and 4 bedroom self catering, lakeside cottages. Experience a family getaway with fantastic fishing and recreation.
25% off
Accommodation of your choice
Splash Pad, Swimming Pool, Wading Pool and Kids Club
Some conditions apply
GOLDENBEACHRESORT.COM
1-800-263-7781
FOLLOW US ON FACEBOOK FOR LAST MINUTE DEALS!

Flights | Vacation packages | HOTELS | Deals | Car rental | Cruises | Things to do | Insurance | Mobile
Expedia.ca SPONTANEOUS SUMMER SALE
Here today. Gone to Maui.
Save up to 50%* on select hotels all over the world, all summer long.
Plus, enjoy the protection of our Best Price Guarantee.†
Expedia.ca Your trip, your way.
© 2013 Expedia, Inc. All rights reserved. Expedia, Expedia.ca and the Airplane logos are registered trademarks, or trademarks, of Expedia, Inc. in the U.S. and/or other countries. Ticket fulfillment services provided by Tour East Holidays (Canada) Inc., 15 Kern Road, Suite 9, Toronto, Ontario, M3B 1S9. TICO Registration No.: 50015827 and Tour East Holidays (Canada) Inc., 2000 Peel Street, Suite 735, Montreal, QC, H3A 2W5. Quebec Licence No.: 702246. *Discount limited to hotel portion of bookings only (off Expedia.ca prices) purchased by Sept. 2/13 for travel between May 14/13 and Sept. 30/13. Savings vary and start at 15%, depending on the hotel. Some conditions apply. Only valid on select "Spontaneous Summer Sale" hotel properties. Offer subject to change or cancellation without notice. See Expedia.ca for full details. †Claim must be made within 24 hours after qualifying Expedia.ca booking, must be submitted via the Expedia.ca website and is subject to review. Other conditions apply. Visit www.expedia.ca for full details.

Step up the fancy appetizer factor: Tuna Tartare Layered with Avocado

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

I have been served this exquisite appetizer in the top restaurants I have frequented.

I so badly wanted to create my own simple version. It is quick to prepare, elegant to serve, incredibly healthy and oh so delicious.

You can substitute the Mirin for a sake wine or rice wine vinegar with a little bit of added sugar.

Nutritional analysis

Per serving: 70 calories, 10 g protein, 1 g carbohydrates, 1 g fibre, 3 g total fat, 110 mg sodium

Ingredients

- 8 oz raw sushi grade tuna finely diced
- 1 tbsp low sodium soy sauce
- 1 tbsp Mirin (sweet Chinese wine)
- 1 1/2 tsp lemon juice
- 1/2 tsp minced ginger
- 1/2 tsp minced garlic
- 1/4 tsp wasabi mustard
- 1 tsp toasted sesame seeds
- 1 small avocado finely diced (3/4 cup)
- 1/2 tsp lemon juice

Garnish

- 1/2 tsp toasted sesame seeds

1. Place tuna in a bowl along with soy sauce, Mirin, 1 1/2 tsp lemon juice, ginger, garlic, wasabi and sesame seeds. Let marinate in the refrigerator for a minimum of 15 minutes and up to 2 hours.

2. Toss the avocado with lemon juice to prevent discolouration.

3. With a quarter measuring cup, sprayed with vegetable oil, fill half way with one sixth of avocado, then one sixth of tuna. Press down firmly, then carefully invert onto serving plate. Repeat with remaining tuna and avocado until you've made 6 individual apps. Garnish with sesame seeds.

Tuna Tartare Layered with Avocado

This recipe makes six appetizers. ROSE REISMAN

Drink of the Week

Caribbean Breeze

Lounge poolside with a taste of the tropics as you sip this Caribbean Freeze with its robust grapefruit, pineapple and Angostura bitters flavours.

- 1.5 oz Belvedere Vodka
- 3 oz grapefruit juice
- 3 oz pineapple juice
- 3 dash Angostura bitters

Build over ice into a highball glass and garnish with a grapefruit wedge.

PHOTO AND RECIPE COURTESY OF BELVEDERE VODKA

Grape expectations

The salad can also be presented in a number of ways: the salad mixture can be mounded onto butter lettuce leaves, mixed with baby greens, or for an especially rich treat, inside an avocado half.

1. In a medium bowl, combine the shrimp, grapes, celery, water chestnuts and the sliced whites of the green onion.

2. In a small bowl, combine the mayonnaise, sherry, salt, pepper, sesame oil and dry mustard. Gently mix with shrimp and grape mix.

3. Sprinkle with the sliced, green part of the onion and the sesame seeds. Refrigerate until ready to serve.

NEWS CANADA

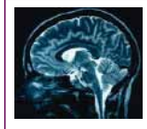
Ingredients

- 1 lb large pink bay shrimp
- 1 cup seedless California grapes, quartered
- 1/2 cup chopped celery
- 1/2 cup chopped water chestnuts
- 2 each green onions, sliced, white and green parts kept separate
- 2 tbsp mayonnaise
- 2 tbsp dry sherry
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- Few drops toasted sesame oil
- Pinch dry mustard
- 1 tbsp sesame seeds

Do you think you might have Seasonal Affective Disorder (SAD)?

Are you interested in how the seasons change your mood and affect the brain?

You could be eligible to participate in a brain imaging study!



Inclusion criteria:
- Male or female, ages 18-40, in good physical health
- Currently not taking any medication
- Seasonal occurrence of depressive symptoms (i.e. depressed mood, lack of energy, sleep disturbance)

We will prioritize scan scheduling for SAD participants
Scans will be scheduled from May to August and repeated during the winter

Compensation Provided
(Participants will also receive a complimentary picture of their brain scan)

camh

For more information, please call (416) 535-8501 ext. 6149

LISTEN TO WHAT FIT FOR LIFE CUSTOMERS ARE SAYING...

"This is such a great deal and healthy! I will be back."

"Everyone is so friendly-thanks!"

"They are super fresh and awesome ingredients!"

"I'm here every morning for the breakfast sandwiches!"

"I had no idea this sandwich place was here!?"

"Are the panini sandwiches always this good?"

"It tastes soo good!"

"The burritos are awesome!"

"I can't believe the sandwiches are $5!"

"I'll be back this week to try another pita"

THE FRESHEST & BEST QUALITY WRAPS • PANINIS BURRITOS • PITAS

Fit for Life sandwich bar

How to click, submit and get picked

E-mploy me. Creating an application package that conquers all of today's web-based roadblocks

MEGHAN GREAVES
TalentEgg.ca

Online job searches have become the easiest way for students and new grads to apply for jobs. This makes it critical to understand how online job searches actually work and how to ensure that you prepare your application successfully. How can you do this? Talk with the experts.

Resumé coach Pamela Paterson has 15 years of experience teaching about the art and science of creating effective resumés.

She's the author of the new book Get the Job: Optimize Your Resumé for the Online Job Search and she was able to provide some eggcellent online job searching expertise and tips.

What is the resumé writing system you refer to in your book?

The resumé writing system is a comprehensive approach to writing resumés and getting them highly ranked in online job systems. It consists of six key steps:

1. Learning the system (beginning in the right way to achieve success).

2. Creating an effective layout and design (so your resumé is not rejected by online job systems).

3. Boosting your content (overcoming deficits and word choice problems).

4. Tailoring your resumé for online job systems (understanding how to become highly ranked — it's about more than just keywords).

5. Keeping your resumé on top of the competition (by doing what few people know how to do).

6. Testing and releasing your resumé to prospective employers.

Take the road less travelled when typing up your resumé by doing away with the dull. ISTOCK

You also discuss the other side — applicant tracking systems (ATS) — in your book. What are some effective ways to get through this system when applying for a job?

ATSs can search resumés in almost any conceivable way — really, in any way the (employer) wants this system configured. Some people think that if they just include keywords from the job listing, their resumé will be filtered in a favourable way.

Job listing keywords help, but it is not the only strategy you need. ATSs may also search by other keywords, such as competitors' names. ATSs can search by job title, the date you last held the job title, the percentage that your resumé matches the job posting and even the method that you applied to the job, such as to the company directly or through a job board. There is a perception that job seekers who apply to the company directly are more interested in working for the company itself, and they may be higher ranked because of it.

How should job seekers tailor their resumés?

Don't come across as "plain vanilla" like the thousands of other jobseekers.

You won't grab anybody's attention. One technique is to provide factual, objective information rather than subjective information that could be based on opinion.

For example, don't say you are "intelligent" if you can say you have a 4.0 GPA. Don't say you're "hard working" if you can include a snippet of a quote from a former manager who says you are a "major contributor on projects and a valued team member." Prospective employers like to see evidence on a resumé as opposed to opinion.

If you can provide statistics, even better. For example, rather than saying you designed a "large and complex" asset management system, you could say that you designed an asset management system that "managed the assets of 13,000 staff." Always be as factual as you can, and let the words do the talking for you as opposed to including subjective claims.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

ROBETECH INSTITUTE
Training Healthcare Professionals Since 1988

Become a Health Care Professional within a Year!

Most Diploma Programs Have Practicum!

- Medical Laboratory Technician
- Early Childcare Assistant
- ECG/Phlebotomy Technician
- Physiotherapist/Occupational Therapy Assistant
- Esthetics
- Personal Support Worker
- Physiotherapist Assistant
- Medical Office Assistant
- Occupational Therapist Assistant

Financial Assistance May Be Available to Those Who Qualify!
Are you Eligible for Second Career Funding? Call to Find Out!
Medical Laboratory Technician/OSMT Approved
Medical Professionals May Qualify for Credits for Prior Learning

Call: 416 840 3794
416 466 6107
E-mail: study@robetech.com
www.robetech.com
Robetech Institute Inc. is a Registered Private Career College unter the PCC Act 2005

Are Trades For You?
Scan Here To Find Out
Pre-Apprenticeship

OPEN HOUSE
TORONTO Training Facility
Wednesday, July 10 @ 6:30pm
CAMBRIDGE Training Facility
Thurday, July 11 @ 6:30pm
Meet With Industry Professionals!

Put Yourself In Demand With Industry Recoqnized Training Programs:
- HVAC
- Plumbing
- Electrical
- Carpentry
- Gas Tech 2 & 3
- Network Cabling
- Appliance Service
- Electrical Estimator

It's Just Smarter!

TORONTO Merit Ontario Training Facility
11 Kodiak Cres. M3J-3E5
CAMBRIDGE CLAC Training Facility
64 Saltsman Dr. N3H-4R7
You may qualify for training at NO cost to you!
Call 1-800-728-0137 to register or visit
www.patinstitute.ca

Keep tabs on your triumphs

Suddenly seeking CV. Need an updated resumé ASAP? A spreadsheet of your latest skills will make building one a breeze

JESSICA CRUZ
TalentEgg.ca

Do you ever find yourself scrambling to fix your resumé to meet the deadline? Do you have trouble tailoring your skills to job descriptions?

Or perhaps you accidentally deleted experience from the last version of your resumé that could be relevant to a new job you just found.

Applying for jobs, compiling resumés and writing cover letters consumes a lot of time. Keeping a "master list" of your accomplishments will help you organize skills, experience and activities that could come in handy for future job applications.

Let's say a new job comes up that requires social media and written communication skills. Here's how a database can locate, sort, and cultivate fast resumé points:

Keeping a database of your skills is helpful when you are applying for more than one type of job and building separate resumés. ISTOCK

First, create a spreadsheet in a program like Microsoft Excel or Google Drive and add tab sections for various aspects of your career, such as skills, work and volunteer experience, education, references, contacts, etc.

Tabs help organize different sections and keep them all in one document.

Cover letters

Most jobs still require cover letters. Are you looking for relevant experience that relates to a job listing?

- Your master list will outline everything you need to plug in to match the requirements! Choose wisely, spruce up your sentences and you're ready to apply.

Skills and experience

Place your volunteer experience and work experience in separate columns. Sort them chronologically with as much detail as you can remember. If you're just starting, copy and paste the relevant experience from existing resumé drafts. This database will be a great source for skills and experiences for future resumé and cover letter content.

Education

The education tab sorts out your schools, awards and related extra-curricular activities. Hopefully you will begin to see correlations between this information and the jobs you're applying for, and decide whether certain details will be added to each resumé.

References and contacts

Emails and business cards often pile up or get thrown away. Having each person's contact information in a spreadsheet can help you keep track of who they are, how you met them, what you discussed, the last time you contacted them and more. Social media tools like LinkedIn keep professional connections updated, but it's always good to have a backup space with additional context. Tabs in one spreadsheet are a great way to organize these contacts.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Career Finder

CORPORATION TAX
Training Course
Register Now, CALL! 416.483.3567
BUSINESS & TECHNICAL TRAINING COLLEGE
150 Eglinton Ave East | info@bttcollege.com

FLIGHT CENTRE
The Airfare Experts
Want to leave your mark on the travel industry?
You're eager to get your hands on a new opportunity. You want a career that brings out your best and offers great incentives and big rewards. Of course you love to travel and believe you have the edge and experience when it comes to sales.
Apply online today!
flightcentre.ca/careers
2013 Best Employers in Canada

New Building Automation program delivers skills employers are looking for.

Our new advanced diploma program combines mechanical and electrical engineering knowledge with the networking and systems integration skills needed to operate and manage complex buildings.

If you hold a 2 year diploma in electromechanical engineering or an equivalent, you may be eligible to complete this program in just 1 year.

Our program will equip you with:
- Maintenance and testing skills
- Cost control and productivity management capabilities
- Retrofits with legacy systems
- Foundational programming and project management skills

This program begins in September. Register today, space is limited!

GEORGE BROWN COLLEGE School of Mechanical Engineering Technologies
For more information on this exciting new course visit **georgebrown.ca/automation**, or call (416) 415-5000, ext. 6330

Up to $50,000 in Bursaries Now Available!
Financial Assistance May be Available to Those Who Qualify!
Second Career Training Funding
The government provides qualified candidates with education funding to train them for a better career, the grant can be up to $28,000.00 and covers tuition, book fees, transportation and some living allowance. Call us now to see if you are qualified.

Health Care
- Personal Support Worker*
- Community Service & Support Worker*
- Medical Office Assistant*
- CPR & First Aid
*with Internship

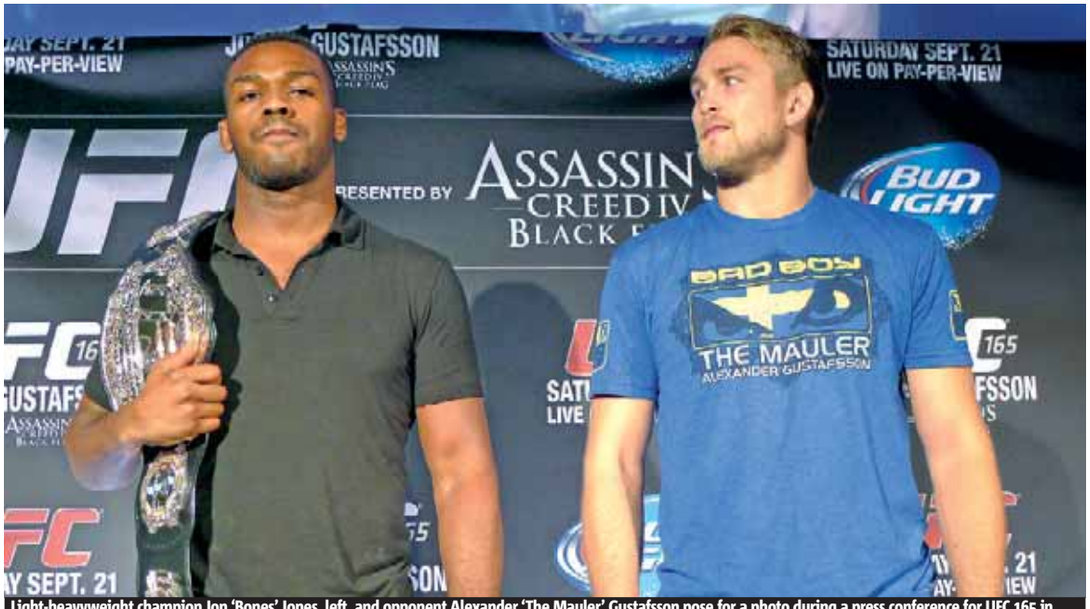
Law & Legal
- Paralegal*
- Law Clerk*
- Legal Office Assistant
- Police Foundations
- Over 40 Diploma Programs
*with Internship

IT & Home Inspection
- Network Administrator
- PC Support Specialist
- Computer Service Technician
- Web Designer
- Home Inspection Diploma
- Home Inspection Certificate

Accounting & Business
- Accounting and Payroll
- Business Administration
- Project Administrator
- Conference and Event Planner
- Administrative Assistant

We Speak Your Language – Career Consultation Provided In: English, Français, हिंदी, मराठी, ગુજરાતી, Español, Portugues, 国语和粤语, Română, Русский & فارسي

Academy of Learning College Bay/Bloor Campus
FREE English & French In-Class Tutoring
416-840-3367
416-969-8845
WWW.AOLTORONTO.COM
DOWNTOWN TORONTO (Bay/Bloor) 1255 Bay Street, Suite 600, Toronto, Ontario M5R 2A9



Light-heavyweight champion Jon 'Bones' Jones, left, and opponent Alexander 'The Mauler' Gustafsson pose for a photo during a press conference for UFC 165 in Toronto on Tuesday. NEIL DAVIDSON/THE CANADIAN PRESS

Jones chalks up Silva's upset loss to karma

UFC. Light-heavyweight champ says 'The Spider' disrespected 'war gods,' opponent with antics

At first, Jon "Bones" Jones put it down to the "war gods." Then, upon further review, he pointed the finger at karma.

Either way someone made Anderson "The Spider" Silva pay for disrespecting Chris "The All-American" Weidman in the cage Saturday night, according to Jones.

Silva's loss has proved to be Jones' gain.

The UFC's light-heavyweight champion has taken over as No. 1 in the MMA organization's pound-for-pound fighter rankings in the wake of Silva's upset loss to Weidman.

Silva, an icon in the sport who had won all 16 of his previous UFC fights, fell off his pedestal with a thud after clowning his way to a loss.

As he has done in previous fights, the Brazilian middleweight champion dropped his hands and invited his opponent to hit him. This time, the 38-year-old Silva's reflexes failed him and Weidman connected, felling him before finishing him off on the ground with a few blows.

Jones managed to praise and bury Silva at the same time when the topic came up at Tuesday's news conference to promote his September UFC 165 title defence in Toronto against Sweden's Alexander 'The Mauler' Gustafsson.

"I think that Anderson Silva is a magnificent fighter. I think that he has an extraordinary gift," Jones said. "I think he's got to the point where he really believes in his gift and he's comfortable with his gift.

"And he abuses his gift. He disrespected the gift by disrespecting his opponent."

Jones, 25, noted that martial arts is built around honour, integrity and treating people with respect.

Within reach

84.5

According to ESPN's Sport Science, Jon Jones has a daunting 84.5-inch wingspan that allows him to land blows from over three feet away. With his arms extended, Jones can cover 182 cubic feet around him, some 80 per cent more than the average adult male.

Jones is coming off a first-round win over Chael Sonnen at UFC 159 in April during which he broke his big toe.

Gustafsson has won six straight, most recently earning a decision over Mauricio 'Shogun' Rua in December 2012.

THE CANADIAN PRESS

Hockey

Deep blue-line: Niedermayer, Chelios named to 2013 HHOF class

Scott Niedermayer, Chris Chelios, Brendan Shanahan, Geraldine Heaney and Fred Shero are headed to the Hockey Hall of Fame.

Niedermayer, Chelios and Shanahan were the former NHL players chosen for the class of 2013.

The former Team Canada defender Heaney will be the third woman enshrined in the Hall.

Shero was selected in the builder category.

Chelios and Niedermayer made it in their first year of eligibility.

The official induction ceremony is scheduled for November. THE CANADIAN PRESS

NBA

Raptors bringing Hansbrough to Toronto reports say

The Toronto Raptors signed physical power forward Tyler Hansbrough to a multi-year contract on Tuesday, according to multiple reports.

The deal isn't expected to be announced until Wednesday when NBA teams can officially sign players after the league's moratorium on player business and next season's salary cap is set.

Hansbrough became a unrestricted free agent when the Indiana Pacers opted not to re-sign the 27-year-old after four seasons with the club. He averaged 8.9 points and 4.7 rebounds over those four years.

THE CANADIAN PRESS

HEALTHY MEN & WOMEN NEEDED

We are looking for healthy men and women to participate in clinical research studies

You will be compensated up to $2,100 upon completion of the study

PHARMA MEDICA RESEARCH INC.

pharmamedica.com 416.759.5554

TFC sends Silva to D.C. to secure spending money

MLS. Club expected to use cash influx on new players as D.C. looks to turn around ugly season

Toronto FC had no high-profile signing to announce Tuesday, no Diego Forlan or anyone resembling the Uruguay international.

But the 2-8-7 MLS team did make a move to create some roster payroll flexibility for a new acquisition, trading attacking midfielder Luis Silva to D.C. United for allocation money.

"It's really unfortunate, Luis has been so great for Toronto FC, he's been fantastic," head coach Ryan Nelsen said Tuesday after training. "But there's an opportunity I think, and the money that we get is extremely valuable."

Toronto FC traded Luis Silva to D.C. United. JAMIE SABAU/GETTY IMAGES

With new players expected to be coming Toronto's way, Nelsen said, it was a move that was going to be made sooner or later.

D.C. United, languishing in the league basement at 2-13-4, hopes Silva can spark an offence that has scored a league-worst eight goals in 19 games.

"Luis is an exciting and creative young player with tremendous technical ability," D.C. United GM Dave Kasper said in a statement. "He has shown the capacity to manufacture and score goals."

Silva, 24, was the fourth player taken in the 2012 Major League Soccer draft. Silva is slated to make $105,400 US this season.

THE CANADIAN PRESS

HONDA ROADSPORT HONDA HONDA

All vehicles are plus hst*, 5 omvic, licensing and $40.00 Gas **. Event ends Saturday July 13, 2013.

ROADSPORT Honda
416-291-9501
www.roadsport.com • 940 Ellesmere Road (At Kennedy)
HONDA Certified
HWAY 401
Kennedy
Ellesmere

TAKE YOUR GAME
TO THE NEXT LEVEL

TORONTO FC + SPORTCHEK
YOUR BETTER STARTS HERE™

ENTER FOR YOUR CHANCE TO
WIN 1 OF 50
SPOTS IN A YOUTH SOCCER CLINIC AND LEARN FIRSTHAND FROM THE PROS AT

KIA TRAINING GROUND TORONTO FC

OPEN TO AGES 12-16

WINNERS WILL RECEIVE A
360° PROFESSIONAL EXPERIENCE
INCLUDING:
- PROFESSIONAL ON-FIELD INSTRUCTION
- IN-DEPTH OFF-PITCH TRAINING
- PARTICIPATION AT TFC'S STATE OF THE ART FACILITY

TO ENTER THE CONTEST AND FOR FULL RULES AND REGULATIONS, VISIT
TORONTOFC.CA/MYBETTERCLINICS

NO PURCHASE NECESSARY. MUST BE LEGAL RESIDENT OF ONTARIO, 18 YEARS OF AGE OR OLDER, AND A PARENT/GUARDIAN OF A YOUTH SOCCER PLAYER BETWEEN THE AGES OF 12 AND 16 YEARS OF AGE (BORN BETWEEN SEPTEMBER 1997 AND AUGUST 2001 AND RESIDING WITHIN ONTARIO). CONTEST ENDS 11:59 PM (ET) ON SUNDAY AUGUST 11, 2013. LIMIT OF ONE ENTRY PER PERSON. FIFTY (50) PRIZES AVAILABLE TO BE WON, EACH PRIZE CONSISTING OF: ONE (1) SPOT FOR YOUR YOUTH SOCCER PLAYER IN A TORONTO FC SOCCER CLINIC TO BE HELD AT THE KIA TRAINING GROUND ON AUGUST 24, 2013. DATE OF CLINIC SUBJECT TO CHANGE. PRIZE PARTICIPANTS MUST BE BETWEEN 12 AND 16 YEARS OF AGE (BORN BETWEEN SEPTEMBER 1997 AND AUGUST 2001). TOTAL APPROXIMATE RETAIL VALUE OF EACH PRIZE IS $350 CDN. ODDS OF WINNING A PRIZE DEPEND ON THE NUMBER OF ELIGIBLE ENTRIES RECEIVED. SELECTED ENTRANTS AND THE PARENT OR LEGAL GUARDIAN OF THE PARTICIPANT WILL BE REQUIRED TO ANSWER A SKILL-TESTING QUESTION AND SIGN AND/OR AGREE TO A DECLARATION AND RELEASE OF LIABILITY.

CHEVROLET

LOWEST PRICES OF THE SEASON

SUMMER SELLDOWN

UP TO $10,000 IN COMBINED CASH CREDITS♦/♦♦
ON SELECT MODELS

2013 LS+ CRUZE

LOWEST CASH PRICE OF THE SEASON
$17,995* ALL IN PRICE
INCLUDES FREIGHT, PDI, LEVIES & $2,500 CASH CREDIT.** TAXES NOT INCLUDED.

LTZ WITH RS PACKAGE AND PREMIUM PAINT SHOWN††

INCLUDES:
- 6-SPEED AUTOMATIC TRANSMISSION
- AIR CONDITIONING
- POWER WINDOWS
- ABS WITH STABILITY CONTROL
- POWER DOOR LOCKS WITH KEYLESS ENTRY
- BEST-IN-CLASS SAFETY♠ WITH 10 AIRBAGS

OR FINANCE 2013 CRUZE LS
$77 BI-WEEKLY @ **0%** FOR **84** MONTHS‡
$0 DOWN PAYMENT. TAXES NOT INCLUDED. OFFERS INCLUDE FREIGHT, PDI & LEVIES. PURCHASE PRICE $13,995* INCLUDES $2,250 CASH CREDIT**

PLUS ELIGIBLE RETURNING CUSTOMERS RECEIVE $1,000¥

2013 LS EQUINOX

LOWEST CASH PRICE OF THE SEASON
$25,995* ALL IN PRICE
INCLUDES FREIGHT, PDI, LEVIES & $2,000 CASH CREDIT.** TAXES NOT INCLUDED.

CONSUMERS DIGEST BEST BUY

LTZ WITH 19" CHROME CLAD ALUMINUM WHEELS SHOWN††

INCLUDES:
- BLUETOOTH® WITH USB
- 6-SPEED AUTOMATIC TRANSMISSION
- AIR CONDITIONING
- POWER WINDOWS & LOCKS
- BEST-IN-CLASS REAR SEAT LEGROOM♣
- 2013 IIHS TOP SAFETY PICK®

2013 EQUINOX
OR FINANCE FROM
0% FOR UP TO **84** MONTHS‡ ON LT/LTZ

PLUS ELIGIBLE RETURNING CUSTOMERS RECEIVE $1,000¥

TO GUARANTEE OUR QUALITY, WE BACK IT **160,000-KM/5-YEAR** POWERTRAIN WARRANTY
Whichever comes first. See dealer for limited warranty details.

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES. Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***

ONTARIOCHEVROLETDEALERS.COM

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. *Offer applies to the purchase of 2013 Chevrolet (Cruze LS G-BBP8/Cruze LS+ 1SB/Equinox LS FWD G-BBQG). ‡0% purchase financing offered by GMCL for 84 months on 2013 Chevrolet (Cruze LS G-BBP8/Equinox LS FWD G-BBQG). O.A.C by RBC Royal Bank/TD Auto Finance Services/Scotiabank. Rates from other lenders will vary. Example: $10,000 at 0%/2.13% APR, monthly payment is $119.05/$128.25 months. Cost of borrowing is $0/$773, total obligation is $10,000/$10,773. Down payment and/or trade may be required. Monthly/Bi-weekly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Monthly/Bi-weekly payments based on a purchase price of $13,995/$27,995 with $0 down payment. ♦$7,500 is a manufacturer to dealer delivery credit (tax exclusive) for 2013 Chevrolet Silverado 1500 Ext. & Crew Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ♦♦$2,500/$2,250/$2,500/$2,000 is a manufacturer to dealer delivery credit (tax exclusive) for 2013 Chevrolet Silverado 1500 Crew Cab/2013 Chevrolet Cruze LS 1SA/2013 Chevrolet Cruze (non LS 1SA)/2013 Chevrolet Equinox LS and is reflected in offers in this advertisement. Such credit is available only for cash purchase and by selecting lease or finance offers, consumers are foregoing such credit which will result in higher effective interest rates. Other cash credits available on most models. See dealer for details. */‡/♦/♦♦/***Freight & PDI ($1,550/$1,550/$1,550), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2013 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. +Based on WardsAuto.com 2012 Upper Small segment, excluding Hybrid and Diesel powertrains. Standard 10 airbags, ABS, traction control and StabiliTrak®. ©The Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC, used under license. ®Bluetooth is a registered trademark of Bluetooth SIG Inc. ©For more information go to iihs.org/ratings. ♣Comparison based on 2012 Wards segmentation: Middle/Cross Utility Vehicle and latest competitive data available and based on the maximum legroom available. Excludes other GM brands. ††2013 Cruze LTZ with PDA & GBE, MSRP with freight, PDI & levies $29,494. 2013 Equinox LTZ FWD with RT6, MSRP with freight, PDI & levies $38,949. Dealers are free to set individual prices. ¥Offer only valid from July 3, 2013 to September 30, 2013 (the "Program Period") to retail customers resident in Canada who own or are currently leasing (during the Program Period) a Chevrolet Aveo, Cobalt, Cavalier, Optra, Saturn Ion, Astra, S-Series will receive a $1,000 credit towards the purchase, lease or factory order of an eligible new 2013 Chevrolet Sonic or Cruze. Retail customers resident in Canada who own or are currently leasing (during the Program Period) a Chevrolet Equinox, Tracker or Saturn Vue will receive a $1,000 credit towards the purchase, lease or factory order of an eligible new 2013 Chevrolet Equinox. Only one (1) credit may be applied per eligible vehicle sale. Offer is transferable to a family member living in the same household (proof of address required). This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. The $1,000 credit includes HST/GST/QST/PST as applicable by province. As part of the transaction, dealer will request current vehicle registration and/or insurance to prove ownership. GMCL reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. See your GM dealer for details.

The 2014 Chevy Silverado

ALL PHOTOS WHEELBASEMEDIA.COM

Review. Chasing the Ford 150 means adding in more of everything that truckers want

MALCOLM GUNN
wheelbasemedia.com

In pickup parlance the chase isn't just on, it never really stops. With the arrival of the 2014 Chevrolet Silverado, the pace is definitely quickening.

In 2012, 265,000 domestic- and foreign-based 1500, 2500 and 3500-series pickups were sold in Canada and 40 per cent belonged to Ford. GM's Silverado/Sierra models came second place, ahead of Chrysler's Ram and well ahead of the Toyota Tundra and Nissan Titan.

With the all-new Silverado 1500-series, Chevrolet appears to have done its homework and paid close attention to what buyers are looking for to haul and tow their stuff. There are more powerful engines as well as improvements and upgrades in nearly every other category you could imagine.

Behind the tailgate, the handy Corner Step bumper has recessed footholds that, combined with built-in handholds inside the box, make accessing the bed much easier. The dashboard and control panel that houses the optional eight-inch touch screen are positioned in a tidy pod for easy viewing and all of the oversized knobs and switches are work-glove-friendly and clearly marked.

All body styles — regular, extended Double Cab (now featuring front-hinged rear doors with outside handles) and four-door Crew Cab — are attached to a reworked frame with more high-strength steel, extra bracing for stiffness and improved body mounts that help isolate road noise and vibration. The revised suspension places the wheels on each axle farther apart with a goal to improve overall ride and stability.

For 2014, Chevrolet has made a few changes to the Silverado's box size/cab combinations. Now you can order the Crew Cab with a longer 80-inch (200-centimetre) bed as well as the standard 68-inch (175-centimetre) version.

Perched between the frame rails is a choice of three new all-aluminum cam-in-block engines. The entry point is a 4.3-litre V6 that features the same displacement as the previous V6, but the output has significantly increased to 285 horsepower and 305 pound-feet of torque from 195/260. Optional is a 5.3-litre V8 with 355 horses and 383 pound-feet on tap, up from 315/335.

Later in the model year they'll be joined by an available 6.2-litre V8 rated at 420 horsepower and 440 pound-feet of torque, which shares its parts with the new Corvette sports car V8. Chevrolet also likes to point out that it has increased performance and reduced fuel consumption across the line without resorting to complex (and expensive) turbo-charging. That's a direct shot at the Ford F-Series and its "Ecoboost" V6.

Of course you can order your Silverado as a stripped-down, rubber-matted V6 work rig with a $27,150 sticker, or head all the way up to the new and thoroughly tricked-out High Country 4x4 with a correspondingly high list price. It's a brand new trim level designed to keep well-to-do ranchers driving in the lap of luxury.

Whichever pickup matches your needs, know that Chevrolet has made the right changes for a more refined and fuel efficient Silverado to keep pace with Ford.

Compare

1 Ford F-150
Base price: $21,650

2 Ram 1500
Base price: $28,700

2014 Chevrolet Silverado

- **Type.** Two- /four-door, rear-/four-wheel-drive full-size pickup
- **Engines (hp).** 4.3-litre OHV V6 (285); 5.3-litre OHV V8 (355); 6.2-litre OHV V8 (420)
- **Transmissions.** Six-speed automatic.
- **Base price (incl. destination)** $27,150

Fuel economy

The transmission for all is a six-speed automatic. The result, at least for the more muscular V6, is a significant fuel economy improvement in city and highway driving (best guess of 12.0 l/100 km in the city and 7.8 on the highway, compared to 14.1/10.0 for the previous V6).

Direct injection

All three powerplants feature direct injection, which tailors the fuel load for the task at hand. They also have continuously variable valve timing (which allows in more fuel and air depending on the power needs) and cylinder deactivation that cuts off up to half the cylinders in light load and cruise situations.

5 DRIVE

Rental giants need to beware of the share

Autoknow. 'Car sharing', the new way of renting, addresses several pet peeves and for some may present a cost-effective alternative to ownership

TODD BURLAGE
wheelbasemedia.com

Talk about sneaking in the back door to crash the financial fun reserved only for rental-car giants such as Avis, Enterprise, National and Hertz.

Told by many transportation "experts" that their Zipcar plan would never roll, Robin Chase and Antje Danielson still believed a fresh approach to vehicle rental was long overdue. It turns out they were right.

In the span of just 12 years, the women turned their little plan and a modest $75,000 investment into a transportation gold mine that recently sold for half a billion dollars.

Zipcar wasn't a brand new idea; car sharing had been growing in Europe and Canada since the 1990s. Zipcar's success came from fresh technology that helped to rewrite the rental rules by giving drivers the options and freedom never offered before.

Need a BMW only for an afternoon business meeting? Got you covered. How about a pickup truck for a two-hour furniture move? No problem. Need a big wagon for a weekend getaway at the beach? Check that.

"I have a fleet of cars available to me that I can have at my beck and call. And I pay only for what I need," said Chase, explaining that the average vehicle still piles up bills, even as it sits parked for 92 per cent of its life. "All those hours with a car sitting idle (with Zipcar), I'm not paying for it."

Situated mainly in densely-populated metropolitan areas, Zipcar — and other car-sharing operations like it — eliminates the long lines and frustration at the rental-car office, and gives its members the grab-and-go convenience of renting a vehicle 24 hours a day, paying for only as long as needed, and usually with little advance reservation notice.

And with no fuel, insurance or maintenance costs, Zipcar has become a great option for drivers with minimal transportation needs, and those with no interest in the price and parking headaches of vehicle ownership.

According to a story in Time magazine, the average U.S. household paid more than $4,000 gassing up their vehicles last year. Add to the turbulent fuel costs the price of insurance, vehicle payments, maintenance and repair bills, and the annual vehicle cost approaches $9,000.

Launched in January of 2000, the Zipcar fleet has grown from four cars in the Boston area to more than 11,000 vehicles in 49 U.S. cities, as well as Vancouver and Toronto in Canada, and throughout Europe.

Popularity and profits for Zipcar grew so rapidly — membership has increased from 50,000 six years ago to about 760,000 today — Avis bought the company and its entire car-sharing network in January for US $500 million.

"We see car sharing as highly complementary to traditional car rental," said Ronald Nelson, Avis chairman and CEO, "with rapid growth potential."

With the idea of putting the cars on its rental lots at airports, Zipcar has the potential to chew into cab and shuttle-bus revenue as members simply land and drive away. Getting to the airport is just as simple.

So how does it work?

Ease and convenience are the greatest advantages of car sharing, behind the obvious financial savings. Unlike a traditional rental-car office, Zipcar clients climb behind the wheel and drive off the parking lot in seconds with no lines, no waits, no paperwork.

Members reserve their car by computer, phone, text message or cellular app. Simply fill in the preference blanks — what time, how long, pickup point, type of vehicle — arrive at the Zipcar lot (which might be the most difficult part depending where the lot is) and unlock the doors with a wave of the membership card over the scanner. Then grab the keys from the glove box, drive around to complete your business, return the car, scan the card again. Billing is automated and we'll see you next time.

"The rental transaction takes 30 seconds and the car only opens to the renter," Chase said.

"So it's self-service, autonomous and takes only a few seconds."

Zipcar membership starts with a $25 application and a screening review that takes about a week. Driver eligibility varies between countries and car-share companies and commonly includes a minimum age, a valid driver's licence and a solid driving record.

Most car-sharing companies offer a variety of policies and payment plans to fit a client's driving needs and preferences.

Some charge on a pay-as-you-go plan, some include a monthly and/or annual fee. Others, like a taxi service, start with a base rate and add fees for every kilometre driven past a specified distance.

In addition to urban areas, Zipcar has also become widely popular on college campuses, where driving demands for students are few and vehicle ownership is more of a luxury than a necessity.

According to a Zipcar representative at the University of Notre Dame — one of about 200 college campuses around the world that hosts a car-sharing outpost — vehicles rent for about $9 an hour and $80 a day (any 24-hour period). The first 180 miles (290 kilometres) are "free" with a per-kilometre charge beyond that.

The per-hour and per-kilometre fees seem high at first glance, but considering there are no residual costs such as refueling or insurance — and that the minimum period is less than the standard rental of 24 hours — the savings can add up quickly for the right kind of driver.

If you commute to work daily, serve as the family chauffer, drive long distances or live in a rural area, car sharing is not a viable transportation option compared to the obvious advantages of vehicle ownership.

But if driving needs are minimal, and the cost of car sharing outweighs the price of ownership, then this latest transportation option might be the perfect choice.

"It's like the car you always wanted that your mom said you couldn't have," Chase said. "All the good stuff, and none of the bad."

If you can't beat 'em join 'em: Avis just bought Zipcar for half a billion dollars.

Quoted

"We see car sharing as highly complementary to traditional car rental."
Ronald Nelson, Avis chairman and CEO

A different model is driven away by another happy customer. ALL IMAGES WHEELBASE

Appeal

"I have a fleet of cars available to me that I can have at my beck and call and I only pay for what I need.
Robin Chase, co-founder of Zipcar
On what makes Zipcar so appealing.

Honda CHECKERED FLAG EVENT

$0 DOWN PAYMENT LEASE OR FINANCE FOR A LIMITED TIME

2013 CIVIC DX

$0 DOWN LEASE /OAC

LEASE BI-WEEKLY FOR ONLY

$88@2.99% APR

FOR 60 MONTHS[Ω] WITH $0 SECURITY DEPOSIT.

CIVIC: CANADA'S FAVOURITE CAR 15 YEARS IN A ROW**

MODEL FB2E2DEX

FINANCE BI-WEEKLY FOR ONLY

$88@1.99% APR

FOR 84 MONTHS[†]. $16,970 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

$0 DOWN FINANCE /OAC

2013 CR-V LX

$0 DOWN LEASE /OAC

LEASE BI-WEEKLY FOR ONLY

$141@1.99% APR

FOR 60 MONTHS[Ω] WITH $0 SECURITY DEPOSIT.

2013 IIHS TOP SAFETY PICK: SMALL SUV

MODEL RM3H3DES

FINANCE BI-WEEKLY FOR ONLY

$150@1.99% APR

FOR 84 MONTHS[†]. $27,765 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

$0 DOWN FINANCE /OAC

ALL-NEW 2013 ACCORD LX

$0 DOWN LEASE /OAC

LEASE BI-WEEKLY FOR ONLY

$144@3.99% APR

FOR 60 MONTHS[Ω] WITH $0 SECURITY DEPOSIT.

2013 CANADIAN CAR OF THE YEAR

MODEL CR2E3DE

FINANCE BI-WEEKLY FOR ONLY

$151@3.99% APR

FOR 84 MONTHS[†]. $25,765 SELLING PRICE INCLUDES FREIGHT, PDI, LEVIES AND OMVIC FEE. EXCLUDES LICENSE AND HST.

$0 DOWN FINANCE /OAC

BI-WEEKLY LEASE ONLY AVAILABLE ON 48 & 60 MONTH TERMS*

OR CHECK OUT THESE OTHER DEALS

LEASE OR FINANCE STARTING FROM **0.99% APR** ON SELECT 2013 HONDA MODELS. LEASE FOR 24 MONTHS[Ω] OR FINANCE UP TO 48 MONTHS.[^]

OR GET UP TO **$4000**[◆] CASH INCENTIVES ON OTHER SELECT 2013 HONDA MODELS.

FAN FRIDAY – JULY 12th, 2013

Feel the excitement of the Honda Indy Toronto during Fan Friday! Your admission is paid courtesy of your Ontario Honda Dealers in exchange for your cash donation to Make-A-Wish® Canada.[Δ] We hope to see you trackside. For a full festival schedule visit **HondaIndy.com**

YOUR ONTARIO HONDA DEALERS PRESENT

Honda FANFRIDAY

IN SUPPORT OF MAKE-A-WISH. Canada

HondaOntario.com
Ontario Honda Dealers

HONDA

ΩLimited time lease offers available through Honda Financial Services Inc., on approved credit. Representative bi-weekly lease examples: based on a 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) on a 60 // 60 // 60 month term with 130 // 130 // 130 bi-weekly payments at 2.99% // 1.99% // 3.99% lease APR and $0 // $0 // $200 customer incentive and $354 // $0 // $0 individual dealer contribution deducted from the negotiated selling price before taxes [customer incentive and dealer contribution can be combined with subvented rates of interest offered by Honda as part of a low rate interest program]. The bi-weekly payment is $88 // $140.66 // $143.42 [includes $1,495 // $1,640 // $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100 except Civic DX), and OMVIC fee ($5)] with $0 // $0 // $0 down payment or equivalent trade-in, $0 security deposit and first bi-weekly payment due at lease inception. Total lease obligation is $11,439.80 // $18,285.35 // $18,645.04. 120,000 // 120,000 // 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. †Limited time purchase finance offers available through Honda Financial Services Inc. (HFS), on approved credit. Representative bi-weekly finance examples: based on a 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) models on an 84 // 84 // 84 month term with 182 // 182 // 182 bi-weekly payments at 1.99% // 1.99% // 3.99% APR and $1,600 // $2,395 // $1,750 Finance incentive and $0 // $0 // $200 customer incentive and $431 // $0 // $0 individual dealer contribution deducted from the negotiated selling price before taxes. Finance incentive applies only to Finance contracts through HFS. Finance incentive, customer incentive and individual dealer contribution can be combined with subvented rates of interest offered by Honda as part of a low rate interest program. Complete price of $16,970 // $27,765 // $25,765 [includes $1,495 // $1,640 // $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100 except Civic DX), and OMVIC fee ($5). Excludes taxes, license, insurance, and registration]. Cost of borrowing is $1,077.28 // $1,829.20 // $3,519.44 for a total finance obligation of $16,016.28 // $27,199.20 // $27,334.44. $0 // $0 // $0 down payment required based on approved credit from Honda Financial Services Inc. ΩLimited time 0.99% APR lease offers on a new 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) for a maximum of 24 // 24 // 24 // 36 months available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2013 Honda CR-V LX 2WD (Model RM3H3DES) on a 24 month term at 0.99% lease APR, the monthly payment is $471.21 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100), and OMVIC fee ($5)] with $0 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $11,309.04. 48,000-kilometre allowance; charge of $0.12/km for excess kilometres. ^Receive 0.99% purchase financing on any new 2013 Honda Fit DX (Model GE8G2DEX) // 2013 Honda Civic DX Sedan (Model FB2E2DEX) // 2013 Honda Accord LX Sedan 6MT (Model CR2E3DE) // 2013 Honda CR-V LX 2WD (Model RM3H3DES) models for a maximum of 24 // 48 // 24 // 48 months available through Honda Financial Services Inc., on approved credit. Representative finance example: based on a 2013 Honda CR-V LX 2WD (Model RM3H3DES) on a 48 month term at 0.99% APR and complete price of $27,765 [includes $1,640 freight and PDI, EHF tires ($29), EHF filters ($1), A/C levy ($100) and OMVIC fee ($5). Excludes taxes, license, insurance, and registration], the monthly payment is $590.20. Cost of borrowing is $564.60 for a total finance obligation of $28,329.60. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. *Bi-weekly lease available on all 2013 Honda models on 48 and 60-month terms only. *$4,000 // $4,000 // $3,000 // $2,500 // $2,000 // $1,500 // $1,000 // $500 customer cash incentive is valid on any new 2013 Honda Pilot // 2013 Honda Odyssey // 2013 Honda Ridgeline // 2013 Honda CR-V (except LX 2WD, model RM3H3DES) // 2013 Honda Crosstour // 2013 Honda Accord Coupe and Sedan (except LX Sedan 6MT, model CR2E3DE) // 2013 Civic Coupe and Sedan (except DX Sedan, model FB2E2DEX) // 2013 Honda Fit (except DX, model GE8G2DEX) models when registered and delivered between July 3rd and July 31st, 2013. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. For all offers: license, insurance, PPSA, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. **Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2012. ΔAll visitors 12 years of age and under are to be accompanied by an adult when entering and while on site.

Appealing Impala just needs a quick check

Second gear.
2006-2013
Chevrolet Impala

JUSTIN PRITCHARD
drive@metronews.ca

HANDOUT

This generation of Chevrolet Impala has now been replaced by an all-new-for-2014 model — meaning it's transitioned fully into used car territory. Feature content in this popular family sedan include a range of upscale touches — including a self-dimming rearview mirror, heated leather seating, automatic climate control, an auto-dimming rearview mirror, satellite radio and Bluetooth functionality.

Common issues

Be sure to feel for any signs of slippage or hard shifting, which could indicate a problem with the transmission or the computer that runs it. Many models in the used market will still have a good portion of Chevrolet's lengthy powertrain warranty remaining. Having a computer scan of the used Impala's PCM is highly advised, as it may reveal potential issues with the components. On models with the 3.5 litre engine, be sure to have a mechanic check for oil and coolant leaks, particularly caused by leaky gaskets. Intermittent power steering assist could be caused by a misaligned harmonic balancer, which also drives the power steering pump. Pay close attention to the condition of the tires on the used Impala you're considering, as many owners have reported premature wear from the factory rubber.

What owners like

Impala's combination of interior space and ride comfort were appreciated by its owners. Many report pleasing power output from even the smaller standard V6 engine. Gas mileage is rated well, as is overall refinement.

What owners dislike

Common complaints include wiper and defroster performance in cold weather, and poor remote-start range.

Engine

All models were four-door, front-wheel drive and fitted with an automatic transmission. Six- or eight-cylinder engines were available, with up to 303 horsepower. Most used models will have either 3.5 litre V6 with 211 horsepower or a 3.9 litre V6 with 233.

The verdict

Impala will appeal strongly to a value-minded used-car shopper, offer plenty of space and comfort, and the most commonly-reported reliability issues should be easy to identify.

Auto news in brief

Latest concept car can park itself

Volvo is working on cars that can park themselves. Its latest concept can find a vacant parking space using sensors and moves around using transmitters placed in the road. Just leave your car at the entrance to the car park then pick it up in the same place when you return using a mobile phone app to communicate with the vehicle.

Car-to-car talking in Ford's sights

Cars that can "talk" to each other to avoid accidents is an obvious way forward safety-wise. Ford has been working on an experimental early warning car-to-car system called Electronic Brake Light technology. It transmits a wireless signal to illuminate a dashboard light on following vehicles so that they can see slowing or even stationary traffic ahead.

Volvo's attempt real slot car racing

Volvo is experimenting with technology which allows trucks and buses to be continuously supplied with electric power via dual power lines built into the road surface. The vehicle "collects" power by a current collector which is in contact with the power lines. In the future this could mean electric vehicles wouldn't be hampered by battery range. METRO

Bubble-07: Famous Bond car goes to auction

One of the most beloved movie cars of all time is to go on sale at auction in London. The fully functioning submarine is the actual car used in the James Bond film The Spy Who Loved Me. The Lotus Esprit Series 1 "Submarine" Car cost $100,000 US to make at the time and it should fetch much more when it goes under the hammer at RM Auctions on 8th September. Could it be the best beach accessory ever? HANDOUT PHOTO

CANADA DAYS SALES EVENT

7 DAYS ONLY
HELD OVER
JULY 3 – JULY 10

TOTAL DISCOUNTS OF UP TO
$10,750€

GREAT LEASE OFFERS NOW AVAILABLE

ANOTHER CHANCE TO WIN!
$1,000 GAS CARD CONTEST❖
ANOTHER 7 GAS CARDS AVAILABLE
ONLY UNTIL JULY 10

0%†
FINANCING AVAILABLE ON SELECT MODELS

HURRY! EVENT ENDS JULY 10TH!

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

ChryslerCanada.ca/Offers

CHRYSLER Jeep

LESS FUEL. MORE POWER. GREAT VALUE.
10 VEHICLES WITH 40 MPG HWY OR BETTER.

DODGE RAM

Less Fuel. More Power. Great Value is a comparison between the 2013 and the 2012 Chrysler Canada product lineups. 40 MPG or greater claim (7.0 L/100 km) based on 2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. Wise customers read the fine print: €, ❖, † The Canada Days Held Over Sales Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers between July 3 and July 10, 2013. Offers subject to change and may be extended without notice. All pricing includes freight ($1,595 – $1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. €$10,750 in Total Discounts are available on new 2013 Ram 1500 models (excluding Reg Cab) and consist of $9,250 in Consumer Cash Discounts and $1,500 in Ram Truck Loyalty/Conquest Bonus Cash. See your retailer for complete details. ❖NO PURCHASE NECESSARY. Contest begins July 3, 2013 at 9:00:00 a.m. ET and ends July 10, 2013 at 6:00:00 p.m. ET. Contest open to legal residents of Ontario who have reached the age of majority at the time of entry. One (1) entry per person. To enter, you must visit any participating Chrysler, Jeep, Dodge and Ram retailer during the contest period and purchase/finance/lease any new 2012, 2013 or 2014 Chrysler, Jeep, Dodge or Ram vehicle (excluding SRT Viper models). Seven (7) grand prizes available to be won, consisting of a one thousand dollar ($1,000) Esso gift card. Mathematical skill-testing question required. Odds of winning depend on the number of eligible entries received. For complete contest rules, including no purchase means of entry, go to: http://www.dodgeoffers.ca/en/gas/ON. †0% purchase financing for up to 36 months available on new 2012/2013 Jeep Compass and Patriot models and new 2013 Dodge Dart models to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of $16,995, with a $0 down payment, financed at 0% for 36 months equals 78 bi-weekly payments of $217.88 with a cost of borrowing of $0 and a total obligation of $16,995. ®Jeep is a registered trademark of Chrysler Group LLC. ™SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

It's halftime in 2013's vehicle-selling war and it seems everyone is a winner

Autopilot. Cars and trucks across all makes and types sold very well during the first half of this year ... record year possible

AUTO PILOT
Mike Goetz
drive@metronews.ca

The Hyundai Elantra lies third in the nameplate charts during this bumper year for car sales. PROVIDED

Canadians bought 883,667 car and trucks in the first half of 2013. Seems like a lot, but still less than the number of vehicles crashed in the movie trailer for Fast and Furious 6.

But if sales stay on the current pace, 2013 has a real chance to reach or surpass the record 1.73 million units sold in 2002.

Look, I'm no economist, but I'm pretty sure the current strong demand says people really like the vehicles that are on the market right now, especially as we see the sales gains spread right across the board — all segments, all players.

And why wouldn't you like the new vehicles? There are fewer and fewer crap cars being produced and more and more good cars being produced. And with every new redesign or refresh, we seem to get another good bump of fuel economy, connectivity and style.

The usual suspects are battling it out on the top-selling nameplate list. We still buy an awful lot of pickup trucks.

We still like Chrysler's minivan, and we still like cars in the compact segment. We're so damn practical.

But Porsche just had its best first half of a year ever, and Jaguar sold a whopping 72 per cent more cars in the first half of 2013 than it did during the first half of 2012. So sports cars are on a roll too.

Dave Adams, president of the Global Automakers of Canada, the association of "import" based automakers, noted in a release, that "a high level of competition and attractive leasing and finance options continue to draw consumers into the new vehicle market."

So the deals are there too. Either way it was a robust spring selling season for sure. Look, I'm no weatherman/economist, but I'm pretty sure sales were also helped by all the rain we got this spring.

If your lawn looks good, you worry less about yard maintenance and more about good ways to spend your weekend, like car shopping. It's only a theory, yes, but it's backed up by no actual evidence whatsoever.

Top sellers thus far

• Canadian sales January through June

Top manufacturing groups
Ford - 146,649
Chrysler-Fiat - 138,555
General Motors - 121,398
Hyundai-Kia - 108,484
Toyota-Lexus - 97,176
Honda-Acura 76,577
Nissan-Infiniti - 44,052
Volkswagen-Audi - 41,690
Mazda - 35,941

Top Nameplates
Ford F-Series - 61,677
Dodge Ram - 41,228
Hyundai Elantra - 28,835
Honda Civic - 28,558
Grand Caravan - 23,741
GMC Sierra - 23,507
Toyota Corolla - 21,969
Ford Escape - 21,481
Mazda3 - 19,347
Chevrolet Siverado - 19,270

CENTRE AUTOMOBILE
YOUR TORONTO DOWNTOWN DEALER & ONE STOP AUTO CENTRE
USED CAR SALES • PARTS • SERVICE • BODYSHOP

ALL PRE-OWNED VEHICLES MUST GO – REDUCED PRICES!!!

MODEL	COLOUR	OPTIONS	MILEAGE	STOCK#	PRICE
2007 HONDA CIVIC LX MTR	WHITE	4DR 5PD AC ABS PW PL PM Alloys Stereo/CD Certified Excellent Condition	50,261KM	70898	$10,388
2008 HONDA ELEMENT EX 4X4	BROWN	4X4 AU AC Stereo/CD , Moonroof-Loaded Alloys, Certified, Balance Of Factory Warranty	43,765KM	6673	$17,888
2009 HONDA ACCORD V6 EXL	Black	4DR AU AC VCM Engine Loaded L.Seats Stereo/CD Alloys Psun Certified Balance Of Factory Warranty	18,052KM	90051	$21,888
2008 HONDA CIVIC LX	Silver	4 DR AU AC ABS PW PL Stereo/Cd Showroom Condition, Alloys Certified.	63,035KM	6694	$11,888
2010 HONDA ACCORD EX-L 4CYL	White	4DRS 4CYL AU AC Loaded Leather Seats P.Sunroof Alloys Certified Balance Of Factory Warranty Jan 15, 2015	25,694KM	10243	$21,888

*Plus applicable taxes. Many more to choose from.

BRING IN THIS COUPON TO CENTRE AUTOMOBILE FOR
15% OFF ON YOUR CAR SERVICE
Offer valid up to July 31, 2013.
• Late pick up available.

OUR EVERYDAY LOW PRICE! OIL & FILTER CHANGE
• STANDARD 15 POINT INSPECTION • OIL CHANGE • OIL FILTER • LUBE AND OIL ALL LOCKS AND HINGES
$39.95 + TAXES
PRICE INCLUDES ALL LABOUR & PARTS LISTED
*SELECTED MODELS ONLY.

SERVICE HOURS: MON-FRI 7:30AM - 6PM
354 RICHMOND ST. E. • 416-364-1116
www.centreautocollision.com • sales@centreautocollision.com • service@centreautocollision.com
CENTRE AUTOMOBILE QUEEN ST. RICHMOND ST.
SERVING YOU SINCE 1960

GET APPROVED
CAR CREDIT CANADA .COM
GUARANTEED APPROVAL
1. Apply Online
2. Get Approved
3. Drive Away!
Let us help rebuild your credit and get you back on the road!
Call: 416-288-5523
"Ask for Katey"
SCAN THE CODE TO APPLY NOW ONLINE IT'S EASY!

Put your best foot forward behind the wheel

High heels can cause accidents as the driver could easily miss a pedal.

Driving force. Heels, work boots and flip flops pose different — but equally dangerous — problems while driving any vehicle

JIL MCINTOSH
drive@metronews.ca

It's likely you have shoes for specific purposes: for walking, for working out, for dressing up. But do you wear the right shoes for driving?

The wrong shoe can affect the way you drive, and possibly even be dangerous, according to Tammy Ezer, director of marketing for InsuranceHotline.com.

"The best driving shoes are flat, comfortable and with a thin sole," Ezer says. "If you're wearing high heels with a platform, there's a lot of space between the bottom of your foot and the pedal. You might go to hit the brake and miss, or hit the gas, and that's critical."

With high heels, there's a tendency to press the pedals with just the tips of the toes, which may not provide enough force if you have to slam on the brakes in an emergency situation. A thin heel may also get caught in a carpeted floor mat, impeding your motion.

Women's dress shoes aren't the only offenders. It's important to get "feedback" from the pedals: through your shoe and foot, you should be able to feel how firmly you're pushing the pedal, or feel vibrations that indicate how hard you're braking.

Golf shoes or work boots may be too firm to provide this. "A steel-toed boot is heavy," Ezer says. "You could be putting more pressure on the pedal because the boot is heavy at the front."

Flip-flops pose a special hazard, because they don't fit firmly on the foot. As you move from the throttle to the brake, this floppy shoe could slip under the pedal and get trapped, drastically reducing your ability to press the brake pedal.

Anything that gets in the way of the pedals can be an issue. Make sure that long skirts, scarves or other loose clothing can't get caught and prevent you from braking.

If you wear fashionable footwear that could affect your driving, keep a spare pair of flat, thin-soled shoes in the car, and change into them when you're getting behind the wheel. "You can say your shoe got caught, but that's not going to help," Ezer warns. "If your footwear causes an accident, you're responsible."

Advice

- **Barefoot beware.** It isn't illegal to drive barefoot, but it's not a good idea, since your foot may be too tender without a shoe to hit the brake hard if necessary.
- **Watch your mats.** Floor mats can bunch up against the pedals if they're not properly secured. Use mats designed for your vehicle; attach them if your vehicle has mounting hooks for them; and don't stack them, but use one mat at a time.
- **Seating is vital.** Your seat should be adjusted so that you can push all pedals right to the floor.

Comfy, with a good sole

"The best driving shoes are flat, comfortable, and with a thin sole"

Tammy Ezer, director of marketing for InsuranceHotline.com

YORKDALE DUFFERIN MAZDA
WE DO IT BETTER, WE DO IT FOR YOU!
mazda
2014 MAZDA6 GX
FINANCE FROM $143 BI-WEEKLY @ 3.99% WITH $2,695 DOWN. ALL IN FROM $25,399
UP TO $1,000 DEALER SIGNING BONUS
STANDARD SKYACTIV TECHNOLOGY
5.1 L/100 km highway
55 mpg
7.6 L/100 km city
37 mpg
Mazda Radar Cruise Control
Maintains constant distance from other vehicles at speeds of 30km/hr or higher.
Blind Spot Monitoring System
Informs driver of any vehicle in rearward blind spots.
Rear Cross Traffic Alert System
Informs driver of any vehicle approaching from side while reversing out of a parking space.
Forward Obstruction Warning System
Detects obstructions ahead of car and warns driver of possibility of collision
OFFER ENDS JULY 31ST
ZOOM-ZOOM
GET UP TO $1,000 DEALER SIGNING BONUS + UP TO $1,000 LOYALTY + UP TO $1,000 GRAD REBATE
WITH THE PURCHASE OF SELECT NEW MAZDA VEHICLES!
www.YorkdaleDufferinMazda.ca
416-789-4521
2451 DUFFERIN STREET
DISCLAIMER: OFFER'S AVAILABLE ON NEW RETAIL FINANCING FOR 2014 MAZDA 6 GX(G4XL64 AA00) FOR 84 MONTH FINANCE 3.99% WITH $2,695 DOWN. THE TOTAL OBLIGATION IS $28,721. EXLUDES HST. COST OF BORROWING IS $3,780.17. SIGNING BONUS OF $1,000 INCLUDED ON 2013 MAZDA 6 GX, $250 FOR GS MODEL, $500 FOR GT MODEL. PLEASE VISIT OUR WEBSITE FOR DETAILS OF GRADUATE & LOYALTY PROGRAM. OFFERS EXCLUDE HST, LICENSING, PPSA $76.61(BANK FEE) AND INSURANCE EXTRA. OFFERS AVAILABLE O.A.C. OFFERS VALID UNTIL JULY 31ST 2013. OFFERS MAY CHANGE WITHOUT NOTICE. **OFFERS MAY CHANGE WITHOUT NOTICE.** *VISIT YORKDALEDUFFERINMAZDA.CA OR CALL 416-789-4521 TO BOOK AN APPOINTMENT FOR A TEST DRIVE.*

Service Directory/Apartment Finder

To advertise contact Ian March at 416-443-4388

FINANCIAL

OVERWHELMED BY DEBT?

CALL THE Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, C.A., CIRP, Trustee

FREE Consultation 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

For more information visit us online at www.DavidSklar.com

CALL ERIKA
(LICENSED DEBT EXPERT)

STOP COLLECTION CALLS

GET DEBT RELIEF NOW!

Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.

1-877-332-8416
416-288-8048

Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)

Rusinek & Associates Inc — Trustee in Bankruptcy — www.rusinek.ca

---

LOWEST Bad Credit Rates since 1984

What would you do with $20,000? PFS

✓College tuition?
✓Home Renovation?
✓Wedding?

You decide.

Have a paid off car 6 years or newer?
You could borrow up to $20,000 the same day from *Prudent Financial.*

416-634-2013 BorrowWithYourCar.com

CREDIT PROBLEMS?

REDUCE YOUR DEBTS & SLEEP WELL

Consolidate All Your Debts Into
One Small Monthly Payment & Pay NO Interest

EMPIREONE CREDIT SOLUTIONS

WE OFFER FREE CREDIT CHECKS
FREE ONE ON ONE CONSULTATION
416-900-2324
www.empireonecredit.com

BBB ACCREDITED BUSINESS

SCARBOROUGH 250 Consumers Rd. Suite 810
OSHAWA 286 King St. W. Suite 303
NORTH YORK 1111 Finch Ave. W. Suite 207
MISSISSAUGA 165 Dundas Ave. W. Suite 307

LEGAL

DIVORCE in Simple Weeks

Child Support
Pay less or Get More*
416-880-4600
www.quickform.ca
* By Lawyer, conditions apply

APARTMENT FINDER

FACING DUNDAS WEST SUBWAY STATION

BACHELOR STARTS FROM $829
1 BDRM STARTS FROM $1019
2 BDRM STARTS FROM $1399

A/C / Indoor Pool / Indoor Mall Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West
416-532-3331

FINANCIAL

DEBT RELIEF

Are you drowning in debts?
Let us help you...

- consolidate debts, low monthly payments
- stop harassing creditors, collection calls and garnishments
- settle your debts without a bankruptcy
- reduce the amount to pay back, no interest

NONA KUMAR
Estate Administrator
Credit Counsellor

Free Consultation: 416.455.7709

RUMANEK & CO. LTD.

Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON. Offices in Scarborough & Mississauga. Tel: 416-665-DEBT

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG

License# 11991

PSYCHIC

INDIAN FAMOUS ASTROLOGER
Pandit: Jagadish
Marriage, Business
Job, Children, Health
Depression, Love
Court, Sexual Etc
I CAN HANDLE ANY PROBLEM
100% Guarantee
REMOVE BLACK MAGIC IN 2 DAYS & GIVES IMMEDIATE PROTECTION
647-532-8224
1290 Finch Ave. W, #23, North York (Keele & Finch)

Pandit: Maha Deva
The Most Powerful Spiritual Healer
Solves all Problems
Love * Marriage * Kids
Education * Business* Job
Money * Health * Sexual
Family Prob * Enemy*Court
$5 Reading
100%Removing Black Magic*Evil Spirits*Obeya*Voodo*Jodo*Bad Luck*Jealousy*Witchcraft*And Gives Strong Protection...
647-709-6677
(Markham & Finch)

Sri Kali Astrologer
PANDIT: RAM MUKHIYA JI
ADIVASI TRIBAL CHIEF & PUJARI
Solves Problems like Job Enemy, Family, Love,Money Health Etc with ONE VISIT
Removes Black Magic, Jadoo, Voodoo & Gives 100% Protection
416-464-2491
1048 Albion Rd (Albion & Islington)

EMR DEBT SOLUTIONS Up to 90% debt reduction
We GUARANTEE to beat anyone's offer by 50% or we work for FREE*
Pay ZERO INTEREST
• Trustee's Represent Your Creditors
• We Deal With All Debts
• Home Service Available
Mississauga • North York • Midtown • Scarborough
416-424-1510
www.emrdebtsolutions.com
*Some conditions may apply at EMR Debt Solutions

MoneyProvider.com
$500 Loan and more
No credit refused
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154
MORTGAGE GENIE
www.mortgagegenie.org
416-667-9834

World Spiritual Astrologer & Psychic
Pandit: SAI GURU
HE CAN HANDLE IMPOSSIBLE PROBLEMS
Business,Love, Marriage
Education, Sexual, Health
Husband-Wife Relationship
Children,Personal Etc
100% Guarantee
Remove Black Magic & Gives Protection
647-657-3399
3069 Hurontario St., Mississauga
LSA 2G9 (Hwy 10 & Dundas)

Famous Indian Astrologer
Pandit: Jagannath Guruji
Solves Problems like Business, Work,Depression Divorce, Health, Kids etc
100% Guarantee
Removes Black Magic, Jadoo, Voodoo, Jin & Gives 100% Protection
647-284-1693
1025 Markham Rd, #201(Markham & Ellesmere)

Mr SHERIFF
African Spiritualist Healer
35 Years Experienced
Fields Include: Reuniting Lovers, Solve Family Problems, Remove Black Magic & Witchcraft, Protection against Evil spirits & Enemies, Help with court issues, Sucess in Business or Career, Impotency Etc.
"Mr Sheriff's Healing Power changed my Love Life Completely" - Careen, Toronto
Call: 647-855-3910
PAYMENT AFTER RESULTS
email:sheriffhealer@hotmail.com English & French

Mr. IBRAHIM
AFRICAN PSYCHIC MEDIUM
I can help you out of despair.
Reunite lovers forever
Happy Marriage.
Stop divorce, stress & depression.
Success in business.
Court cases.
Protection against evil.
Remove bad luck.
Hopeless cases.
OVER 27 YEARS EXPERIENCE
QUICK RESULTS
BY APPT. 416-783-3910

Profile
Metro Toronto
Poop-like debris that fell from sky in Mississauga still a mystery; Canada Transport says not from plane
ow.ly/mtQio
Metro Toronto
Developing: 401 eastbound ramp closed after fatal crash ow.ly/mtKWu #Toronto
Metro Toronto
Milton family in "terrible pain" as autopsy confirms toddler left in car died from heat exposure ow.ly/mtSHc

@metrotoronto

metro

Horoscopes

♈ Aries
March 21 - April 20
If someone starts looking into your private affairs then you have every right to tell them to mind their own business. Don't be too forceful though or they may think you have something to hide and look even more.

♉ Taurus
April 21 - May 21
You are in a restless mood at the moment and it's unlikely you will be in the same place when the Sun goes down. For some reason, your surroundings no longer excite you.

♊ Gemini
May 22 - June 21
You will be in a charitable mood today and there is nothing wrong with that, but if you are going to give money away make sure it is to genuinely worthy causes.

♋ Cancer
June 22 - July 23
You may not be able to explain the way you feel but that's probably no bad thing. If you dwell too much on your emotions today, you won't get much work done. Make sure your head rules your heart.

♌ Leo
July 24 - Aug. 23
It seems you don't know whether to control your desires or indulge them. From past experience, you know that if you hold back, you are likely to regret it later on. Have fun.

♍ Virgo
Aug. 24 - Sept. 23
You may want to sit on the fence in some kind of domestic dispute but the planets won't let you. Like it or not, you have to choose sides and hope it all works out amicably in the end. Don't worry, it will.

♎ Libra
Sept. 24 - Oct. 23
Take your pleasures where you find them and don't worry that some of those you live and work with don't seem able to get much joy out of life. You can't change their outlook.

♏ Scorpio
Oct. 24 - Nov. 22
Things are going so well for you at the moment that you may be a bit worried. Will fate turn round and slap you down? No. Though if you start thinking that way, you increase the chances of it occurring.

♐ Sagittarius
Nov. 23 - Dec. 21
Why are you letting minor matters assume major importance, at least in your mind? Whatever the reason you need to snap out of it — not later but right now.

♑ Capricorn
Dec. 22 - Jan. 20
You may be the kind of person who prefers the tried and trusted. But the more you chop and change and move around today, the more fun you will have. If travelling on your own, you won't be alone for long.

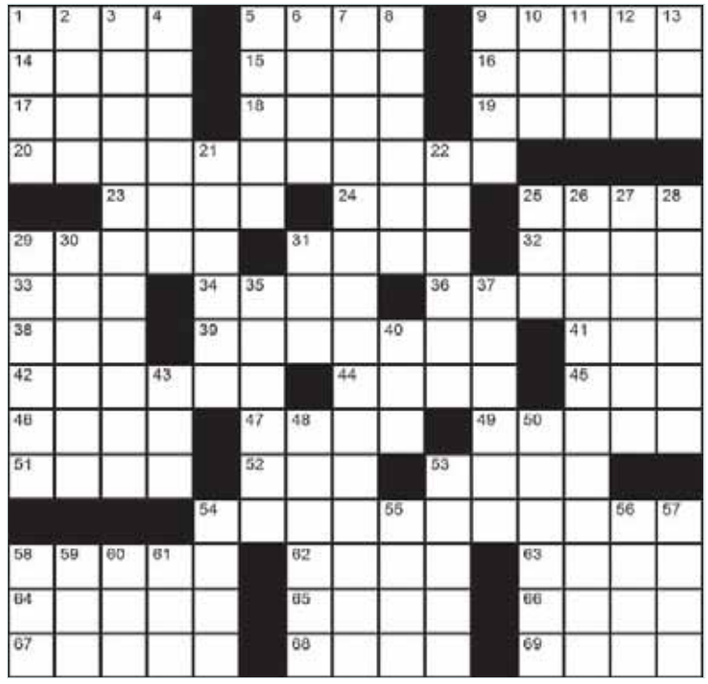
♒ Aquarius
Jan. 21 - Feb. 19
It's good that you are easygoing and it's good that you like to help people but don't forget that not everyone thinks and feels the same way. Be on your guard today as someone may try to cheat you.

♓ Pisces
Feb. 20 - March 20
Don't bother asking friends for an opinion on what you are doing. It's unlikely they will be honest with you. The reason you are asking is that you have doubts yourself. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across

1. Bryn __ (Pennsylvania college)
5. Home free
9. La __, Saskatchewan
14. Wings: Latin
15. Greek Myth: Goddess of discord
16. "Me, Myself & __" (2000)
17. "Come Sail Away" band
18. "__ of Eden" (1955)
19. Actor, Colm __
20. District in London where One Canada Square (the British capital's second tallest building after The Shard) is located: 2 wds.
23. Zeno of __ (Ancient Greek philosopher)
24. __ Red apple
25. Business subj.
29. Bride's pathway
31. Snooty sort
32. Horse's hair
33. Incidentally, in e-mail shorthand
34. Respiratory organ
36. Chewing gum formation
38. Pi's follower
39. Gift-opener's reaction!: 3 wds.
41. Auction offer
42. Actor Mr. Eckhart's
44. Particular preposition
45. Ask __ Landers (Advice column)
46. 1151 in ancient Rome
47. Phone nos.
49. Washington's __ Sound
51. Single-named songstress
52. Building wing
53. __ qua non (Essential factor)
54. CBC is Canada's public what?
58. Terre-__ (Newfoundland, in French)
62. The Munsters' pet bat
63. Sort of message
64. Allow in
65. Parched
66. Bristles
67. Fools
68. For __ - with Love & Squalor (J.D. Salinger title)
69. Pesky bug

Down

1. Fem. opposite
2. Calgary's prov.
3. 1992 Mike Myers movie: 2 wds.
4. Canadian pharmacy chain
5. "Later, alligator!": 2 wds.
6. Get __ deal
7. Blacks Harbour in New Brunswick, and others: 2 wds.
8. Nueva York, por ejemplo
9. Guitar __
10. Lead or Uranium
11. Modern
12. Slash's old li'l band
13. Shoe width size
21. Steely Dan's "__' in the Years"
22. Bunny
25. Diplomatic bldg.
26. Toronto neighbourhood
27. Using the Web
28. "You __ bother."
29. TV/movie producer, J.J. __
30. Home of Odysseus
31. __-Caps (Brand of candy)
35. Province of Ireland
37. Perfect place
40. Ems followers
43. Goose: French
48. Fictional resident at The Plaza Hotel
50. Fix something tangled
53. Loose rock at a cliff's base
54. Stakes
55. Campus bldg.
56. European erupter
57. Take a breather
58. Gymnast Ms. Comaneci, to pals
59. End of a learning institute's URL, perhaps
60. MLB official
61. Try

Yesterday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3		8		1		9	
9								8
		4		3		2		
	9	6		5		8	4	
	4			8			1	
	2	1		6		9	5	
		8		2		4		
6								7
	7		3		6		8	

Yesterday's Sudoku

1	3	8	9	2	5	4	7	6
4	7	6	8	3	1	5	9	2
2	5	9	4	7	6	1	8	3
5	2	4	1	9	3	7	6	8
8	1	7	6	4	2	9	3	5
6	9	3	5	8	7	2	1	4
9	8	5	3	1	4	6	2	7
7	4	1	2	6	8	3	5	9
3	6	2	7	5	9	8	4	1

Today
27°/16°
Thunderstorms
80%
Thursday
23°/16°
Partly cloudy
Your #1 weather forecast now available in HD.
Check your local listings for details.
The Weather Network HD
©The Weather Network 2013

ALL-IN PRICING!
SUMMER SAVINGS! FLY FROM TORONTO TO THE UK & IRELAND
Manchester $899 Roundtrip Dep Sep 25, 26 | Ret Sep 30, Oct 1, 2, 6 INCLUDES ALL TAXES & FEES
Glasgow $899 Roundtrip Dep Sep 22, 25 | Ret Sep 26, 27, 30 INCLUDES ALL TAXES & FEES
London $949 Roundtrip Dep Sep 16, 18 | Ret Sep 22-27 INCLUDES ALL TAXES & FEES
Dublin $949 Roundtrip Dep Sep 26, 27 | Ret Oct 11, 12 INCLUDES ALL TAXES & FEES
Shannon $949 Roundtrip Dep Sep 30 | Ret Oct 15 INCLUDES ALL TAXES & FEES
Birmingham $1049 Roundtrip Dep Sep 17, 24 | Ret Sep 25, Oct 2 INCLUDES ALL TAXES & FEES
canadian affair
LEATHER SEATS • GENEROUS ECONOMY LEG ROOM • CHILD DISCOUNTS • CLUB CLASS • DIRECT FLIGHTS*
For details visit canadianaffair.ca or call 1-866-815-5194
Prices are valid at the time of printing and valid for new bookings only. Departures from Toronto. Lowest fare shown, subject to availability. Flights with Air Transat. Prices include all taxes & fees. Terms & Conditions apply. Transat Holidays is a division of Transat Tours Canada and is registerd as travel wholesaler in Ontario (Reg # 50009485) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M8C 5K8. *Some direct flights require a touchdown, but not a change of planes.

kia.ca

OFFER ENDS JULY 31ST

2014 EARLY ARRIVALS EVENT

0%** FINANCING

UP TO 84 MONTHS

THE NEW 2014s ARE HERE @ CLEAROUT RATES!

Rondo EX Luxury shown△

Sorento EX shown△

Forte SX shown△

THE ALL-NEW 2014 RONDO

7 PASSENGER SEATING AVAILABLE

HWY (M/T): 6.2L/100KM
CITY (M/T): 9.4L/100KM

OWN IT FROM **$131**≠ BI-WEEKLY | WITH **$0** DOWN | AT **0%** APR

–OR– GET **$1,750** CASH SAVINGS‡ ON SELECT TRIMS

INCLUDED FEATURES:

16" Steel Wheels • Air Conditioning
Heated Front Seats • Keyless Entry
Bluetooth° • FlexSteer™
Steering Wheel Mounted Audio Controls

bi-weekly for 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination and fees. Offer based on 2014 Rondo LX MT with a purchase price of $23,893. Excludes HST.

THE NEW 2014 SORENTO

7 PASSENGER SEATING AVAILABLE | AVAILABLE ALL-WHEEL DRIVE

HWY (A/T): 7.1L/100KM
CITY (A/T): 10.4L/100KM

OWN IT FROM **$159**≠ BI-WEEKLY | WITH **$0** DOWN | AT **0%** APR

–OR– GET **$2,500** CASH SAVINGS‡ ON SELECT TRIMS

INCLUDED FEATURES:

6-Speed Automatic Transmission
Heated Front Seats • Keyless Entry
Air Conditioning • Bluetooth°
Rear Parking Sonar

bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination and fees. Offer based on 2014 Sorento 2.4L LX AT FWD with a purchase price of $28,893. Excludes HST.

THE ALL-NEW 2014 FORTE

HWY (M/T): 5.3L/100KM
CITY (M/T): 8.0L/100KM

OWN IT FROM **$98**≠ BI-WEEKLY | WITH **$0** DOWN | AT **0%** APR

–OR– GET **$1,250** CASH SAVINGS‡ ON SELECT TRIMS

INCLUDED FEATURES:

15" Steel Wheels • 6 Airbags
Anti-lock Brakes
Electronic Stability Control
Steering Wheel Mounted Audio Controls

bi-weekly for 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination and fees. Offer based on 2014 Forte Sedan LX MT with a purchase price of $17,913. Excludes HST.

5 Year Warranty*

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty.

Best Global Brands 2012 Interbrand

GTA KIA .ca

KIA ENTERS 50 BEST GLOBAL GREEN BRANDS. Best Global Green Brand 2013

Kia's new Customer Friendly Pricing includes delivery and destination fees, dealer admin. fee up to $399 and all mandatory government levies. Prices do not include licensing or applicable taxes.

KIA

The Power to Surprise

Offer(s) available on select new 2014 models through participating dealers to qualified retail customers who take delivery by July 31, 2013. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to $1,665, $34 tire recycling/filter charges, $5 OMVIC fee, environmental fee, variable dealer administration fees (up to $399) and $100 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. **0% purchase financing is available on select new 2014 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. ≠Bi-weekly finance payment O.A.C. for new 2014 Forte LX MT (F0541E)/2014 Rondo LX MT (RN551E) based on a selling price of $17,913/$23,893 is $98/$131 with an APR of 0% for 84/84 months, with a remaining balance of $0/$0. Bi-weekly finance payment O.A.C. for new 2014 Sorento 2.4L LX AT FWD (SR75BE) based on a selling price of $28,893 is $159 with an APR of 0% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $8,255 plus applicable taxes due at end of 60-month period. Retailer may sell for less. See dealer for full details. ‡$2,500/$1,250/$1,750 cash savings on the cash purchase of an eligible new 2014 Sorento 2.4L LX AT FWD (SR75BE)/2014 Forte LX MT (F0541E)/2014 Rondo LX MT (RN551E) from a participating dealer between July 3-31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. △Model shown Manufacturer Suggested Retail Price for 2014 Sorento 3.3L EX AT AWD (SR75HE)/2014 Forte SX AT (F0748E)/2014 Rondo EX Luxury (RN756E) is $34,195/$26,195/$32,195. *Highway/city fuel consumption is based on the 2014 Sorento LX 2.4L GDI 4-cyl (A/T)/2014 Forte 1.8L MPI 4-cyl (M/T)/2014 Rondo 2.0L GDI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. °The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.